

POS	First Name	Last Name	Nation	YOB	Start No.	Swim	T1	Bike	T2	Run	Time
1	Kate	Roberts	RSA	1983	14	00:22:43	00:00:54	01:17:44	00:00:36	00:38:12	02:20:10
2	Carlyn	Fischer	RSA	1990	11	00:22:53	00:00:46	01:17:41	00:00:33	00:39:04	02:20:58
3	Andre a	Steyn	RSA	1983	15	00:25:00	00:00:54	01:19:18	00:00:42	00:41:18	02:27:15
4	Linda	Rousseau	ZIM	1965	12	00:30:10	00:01:25	01:26:50	00:00:52	00:51:23	02:50:42