

POS	First Name	Last Name	Nation	YOB	Start No.	Swim	T1	Bike	T2	Run	Time
1	Wian	Sullwald	RSA	1993	2	00:18:58	00:00:22	01:09:40	00:00:27	00:32:59	02:02:26
2	Rudolf	Naude	RSA	1991	5	00:19:20	00:00:21	01:09:49	00:00:26	00:35:36	02:05:32
3	Eddie	Van Heerden	RSA	1994	7	00:19:19	00:00:25	01:09:49	00:00:34	00:39:42	02:09:49
4	Drikus	Coetze	NAM	1993	17	00:21:46	00:00:29	01:10:45	00:00:33	00:36:32	02:10:05
5	Boris	Toulet	MRI	1991	21	00:22:40	00:00:28	01:14:40	00:00:40	00:34:32	02:13:00
6	Aidan	Nugent	RSA	1993	19	00:21:15	00:00:31	01:13:51	00:00:33	00:37:39	02:13:49
7	Hein	Van Der Merwe	RSA	1991	20	00:23:09	00:00:29	01:16:00	00:00:31	00:36:18	02:16:27
8	Mohamed	Khaled	EGY	1992	18	00:22:51	00:00:36	01:19:39	00:00:40	00:38:58	02:22:44
9	Mohamed	Elsaied	EGY	1993	22	00:20:37	00:00:55	01:21:52	00:00:39	00:42:54	02:26:57