

POS	First Name	Last Name	Nation	YOB	Start No.	Swim	T1	Bike	T2	Run	Time
1	Jodie	Berry	RSA	1995	17	00:23:10	00:00:23	01:22:31	00:00:34	00:42:27	02:29:05
2	Cindy	Schwulst	RSA	1991	15	00:23:18	00:00:19	01:21:13	00:00:30	00:44:21	02:29:41
3	Fabienn e	St Louis	MRI	1988	16	00:23:10	00:00:21	01:22:19	00:00:38	00:45:06	02:31:34
4	Charne	Prinsloo	RSA	1994	18	00:23:18	00:00:23	01:29:50	00:00:37	00:48:06	02:42:14
5	Linda	Rousseau	ZIM	1965	19	00:25:30	00:00:42	01:26:06	00:00:43	00:49:28	02:42:29
6	Sarah	Wild	ZIM	1987	20	00:24:53	00:00:34	01:33:27	00:00:48	00:45:52	02:45:34