

**SCHWEPPE WATER TROUTBECK ATU TRIATHLON AFRICAN CUP + ZIMBABWE NATIONAL CHAMPIONSHIPS Held  
at Troutbeck Resort Nyanga, Zimbabwe on Saturday 20TH FEBRUARY 2016**

**RESULTS**

| YOUTH BOYS (12-13) SUPERSPRINT (QUARTER) |            |        |         |     |            |             | CLOCK TIME: |          | 03:44:00   |             |             | AFRICA CUP | ZIM NATIONALS |
|------------------------------------------|------------|--------|---------|-----|------------|-------------|-------------|----------|------------|-------------|-------------|------------|---------------|
| RACE NO.                                 | Surname    | Name   | Country | Sex | Category   | Dist        | AGE GROUP   | Disc no. | Clock Time | Finish Time | Actual Time | POSITION   | POSITION      |
| 20                                       | ELLIOTT    | KEITH  | ZIM     | M   | Youth Boys | Supersprint | 12-13       | 55       | 03:44:00   | 04:25:35    | 00:41:35    | 1          | 1             |
| 22                                       | STEFFENS   | LUKE   | ZIM     | M   | Youth Boys | Supersprint | 12-13       | 60       | 03:44:00   | 04:28:04    | 00:44:04    | 2          | 2             |
| 24                                       | JACOBS     | JORDYN | ZIM     | M   | Youth Boys | Supersprint | 12-13       | 63       | 03:44:00   | 04:28:59    | 00:44:59    | 3          | 3             |
| 23                                       | HACKER     | LUKE   | ZIM     | M   | Youth Boys | Supersprint | 12-13       | 69       | 03:44:00   | 04:32:35    | 00:48:35    | 4          | 4             |
| 21                                       | HOLDERNESS | DANE   | ZIM     | M   | Youth Boys | Supersprint | 12-13       | 72       | 03:44:00   | 04:35:04    | 00:51:04    | 5          | 5             |
| 25                                       | FALCONER   | JACK   | ZIM     | M   | Youth Boys | Supersprint | 12-13       | 73       | 03:44:00   | 04:35:43    | 00:51:43    | 6          | 6             |

| YOUTH BOYS (14-15) SUPERSPRINT (QUARTER) |           |             |         |     |            |             | CLOCK TIME: |          | 03:44:00   |             |             | AFRICA CUP | ZIM NATIONALS |
|------------------------------------------|-----------|-------------|---------|-----|------------|-------------|-------------|----------|------------|-------------|-------------|------------|---------------|
| RACE NO.                                 | Surname   | Name        | Country | Sex | Category   | Dist        | AGE GROUP   | Disc no. | Clock Time | Finish Time | Actual Time | POSITION   | POSITION      |
| 31                                       | STOEBEL   | CHRISTIAAN  | RSA     | M   | Youth Boys | Supersprint | 14-15       | 45       | 03:44:00   | 04:20:11    | 00:36:11    | 1          |               |
| 32                                       | VILJOEN   | GEAN        | RSA     | M   | Youth Boys | Supersprint | 14-15       | 47       | 03:44:00   | 04:21:49    | 00:37:49    | 2          |               |
| 34                                       | PHILP     | OLIVER      | ZIM     | M   | Youth Boys | Supersprint | 14-15       | 52       | 03:44:00   | 04:24:26    | 00:40:26    | 3          | 1             |
| 30                                       | WATERFALL | CALLUM      | ZIM     | M   | Youth Boys | Supersprint | 14-15       | 53       | 03:44:00   | 04:24:32    | 00:40:32    | 4          | 2             |
| 27                                       | PAULSER   | MARCEL      | ZIM     | M   | Youth Boys | Supersprint | 14-15       | 54       | 03:44:00   | 04:25:24    | 00:41:24    | 5          | 3             |
| 26                                       | MARTIN    | TYLER       | ZIM     | M   | Youth Boys | Supersprint | 14-15       | 56       | 03:44:00   | 04:25:41    | 00:41:41    | 6          | 4             |
| 29                                       | THORBURN  | DOUGLAS     | ZIM     | M   | Youth Boys | Supersprint | 14-15       | 66       | 03:44:00   | 04:31:23    | 00:47:23    | 7          | 5             |
| 33                                       | BAILY     | TIM         | RSA     | M   | Youth Boys | Supersprint | 14-15       | 70       | 03:44:00   | 04:33:56    | 00:49:56    | 8          |               |
| 28                                       | BERKHOUT  | CHRISTOPHER | ZIM     | M   | Youth Boys | Supersprint | 14-15       | 71       | 03:44:00   | 04:34:27    | 00:50:27    | 9          | 6             |
| 35                                       | MOSS      | AIDEN       | ZIM     | M   | Youth Boys | Supersprint | 14-15       | 80       | 03:44:00   | 04:47:07    | 01:03:07    | 10         | 7             |

| YOUTH GIRLS (12-13) SUPERSPRINT (QUARTER) |         |      |         |     |             |             |           |          |            |             |                 | AFRICA CUP | ZIM NATIONALS |
|-------------------------------------------|---------|------|---------|-----|-------------|-------------|-----------|----------|------------|-------------|-----------------|------------|---------------|
| RACE NO.                                  | Surname | Name | Country | Sex | Category    | Dist        | AGE GROUP | Disc no. | Clock Time | Finish Time | Actual Time     | POSITION   | POSITION      |
| <b>36</b>                                 | ELLIOTT | ERIN | ZIM     | F   | Youth Girls | Supersprint | 12-13     | 61       | 03:45:00   | 04:28:28    | <b>00:43:28</b> | <b>1</b>   | <b>1</b>      |

| YOUTH GIRLS (14-15) SUPERSPRINT (QUARTER) |                    |          |         |     |             |             | CLOCK TIME: |          | 03:45:00   |             |                 | AFRICA CUP | ZIM NATIONALS |
|-------------------------------------------|--------------------|----------|---------|-----|-------------|-------------|-------------|----------|------------|-------------|-----------------|------------|---------------|
| RACE NO.                                  | Surname            | Name     | Country | Sex | Category    | Dist        | AGE GROUP   | Disc no. | Clock Time | Finish Time | Actual Time     | POSITION   | POSITION      |
| <b>41</b>                                 | IRVINE-SMITH       | ASHLEIGH | RSA     | F   | Youth Girls | Supersprint | 14-15       | 49       | 03:45:00   | 04:23:47    | <b>00:38:47</b> | <b>1</b>   |               |
| <b>42</b>                                 | GORE               | TEGAN    | RSA     | F   | Youth Girls | Supersprint | 14-15       | 57       | 03:45:00   | 04:26:35    | <b>00:41:35</b> | <b>2</b>   |               |
| <b>39</b>                                 | GEMMILL            | SASHA    | ZIM     | F   | Youth Girls | Supersprint | 14-15       | 58       | 03:45:00   | 04:26:57    | <b>00:41:57</b> | <b>3</b>   | <b>1</b>      |
| <b>38</b>                                 | KUIPERS            | ANDIE    | ZIM     | F   | Youth Girls | Supersprint | 14-15       | 64       | 03:45:00   | 04:29:00    | <b>00:44:00</b> | <b>4</b>   | <b>2</b>      |
| <b>40</b>                                 | EVERSHED           | MANA     | ZIM     | F   | Youth Girls | Supersprint | 14-15       | 65       | 03:45:00   | 04:30:15    | <b>00:45:15</b> | <b>5</b>   | <b>3</b>      |
| <b>37</b>                                 | COLEGRAVE          | MIKAYLA  | ZIM     | F   | Youth Girls | Supersprint | 14-15       | 67       | 03:45:00   | 04:31:27    | <b>00:46:27</b> | <b>6</b>   | <b>4</b>      |
| <b>43</b>                                 | VAN DER WESTHUIZEN | LOUISE   | ZIM     | F   | Youth Girls | Supersprint | 14-15       | 76       | 03:45:00   | 04:41:02    | <b>00:56:02</b> | <b>7</b>   | <b>5</b>      |

| AG TEAMS + INDIVIDUALS - SUPERSPRINT QUARTER) |                |          |         |     |          |             | CLOCK TIME: |          | 03:46:00   |             |                 |          |
|-----------------------------------------------|----------------|----------|---------|-----|----------|-------------|-------------|----------|------------|-------------|-----------------|----------|
| RACE NO.                                      | Surname        | Name     | Country | Sex | Category | Dist        |             | Disc no. | Clock Time | Finish Time | Actual Time     | POSITION |
| <b>50</b>                                     | BARNES         | MEL      | ZIM     | F   | AG Team  | Supersprint | S/B/R       | 75       | 03:46:00   | 04:30:13    | <b>00:44:13</b> | <b>1</b> |
| <b>49</b>                                     | STEVENSON      | HEATHER  | ZIM     | F   | AG Team  | Supersprint | S/B/R       | 78       | 03:46:00   | 04:45:28    | <b>00:59:28</b> | <b>2</b> |
| <b>46</b>                                     | MUTAKAYA       | ATHANAS  | ZIM     | M   | AG Team  | Supersprint | SWIM        |          | 03:46:00   |             |                 | <b>3</b> |
|                                               | GREENWAY       | WENDY    | ZIM     | F   | AG Team  | Supersprint | BIKE        |          |            |             |                 |          |
|                                               | MADAMOMBE      | CHAMU    | ZIM     | M   | AG Team  | Supersprint | RUN         | 79       |            | 04:46:54    | <b>01:00:54</b> |          |
| <b>48</b>                                     | NYIKADZINO     | DESIRE   | ZIM     | M   | AG Team  | Supersprint | SWIM        |          | 03:46:00   |             |                 | <b>4</b> |
|                                               | SHINYA         | DUDUZILE | ZIM     | F   | AG Team  | Supersprint | BIKE        |          |            |             |                 |          |
|                                               | JONASI MUDYIWA | BRENDA   | ZIM     | F   | AG Team  | Supersprint | RUN         | 82       |            | 04:51:05    | <b>01:05:05</b> |          |
| <b>51</b>                                     | ROCHE          | SABRINA  | ZIM     | F   | AG Team  | Supersprint | S/B/R       | 83       | 03:46:00   | 04:56:55    | <b>01:10:55</b> | <b>5</b> |
| <b>44</b>                                     | WARD           | CLAIRE   | ZIM     | F   | AG Team  | Supersprint | TBC         | 84       | 03:46:00   | 04:56:56    | <b>01:10:56</b> | <b>6</b> |
| <b>45</b>                                     | SINCLAIR       | GINNY    | ZIM     | F   | AG Team  | Supersprint | SWIM        |          | 03:46:00   |             |                 | <b>7</b> |
|                                               | WARD           | STELLA   | ZIM     | F   | AG Team  | Supersprint | BIKE        |          |            |             |                 |          |
|                                               | MASSEY         | PAMELA   | ZIM     | F   | AG Team  | Supersprint | RUN         | 85       |            | 04:57:20    | <b>01:11:20</b> |          |
| <b>47</b>                                     | CHINAMASA      | ANDREW   | ZIM     | M   | AG Team  | Supersprint | SWIM        |          | 03:46:00   |             |                 | <b>8</b> |
|                                               | MBAUYA         | DEMOS    | ZIM     | M   | AG Team  | Supersprint | BIKE        |          |            |             |                 |          |
|                                               | ZONGOLOLO      | SMART    | ZIM     | M   | AG Team  | Supersprint | RUN         | 86       |            | 05:03:36    | <b>01:17:36</b> |          |

| JUNIOR MEN (16-17) SPRINT (HALF) |             |           |         |     |          |        | CLOCK TIME: |          | 02:27:00   |             |             | AFRICA CUP | ZIM NATIONALS |
|----------------------------------|-------------|-----------|---------|-----|----------|--------|-------------|----------|------------|-------------|-------------|------------|---------------|
| RACE NO.                         | Surname     | Name      | Country | Sex | Category | Dist   | AGE GROUP   | Disc no. | Clock Time | Finish Time | Actual Time | POSITION   | POSITION      |
| 58                               | DE LA PORTE | BEN       | RSA     | M   | Jnr Men  | Sprint | 16-17       | 7        | 02:27:00   | 03:35:49    | 01:08:49    | 1          |               |
| 57                               | COLEGRAVE   | ALEXANDER | ZIM     | M   | Jnr Men  | Sprint | 16-17       | 10       | 02:27:00   | 03:38:33    | 01:11:33    | 2          | 1             |
| 55                               | RIDDLE      | JAMIE     | RSA     | M   | Jnr Men  | Sprint | 16-17       | 11       | 02:27:00   | 03:39:13    | 01:12:13    | 3          |               |
| 56                               | SIMPSON     | CALLUM    | KZN     | M   | Jnr Men  | Sprint | 16-17       | 16       | 02:27:00   | 03:45:15    | 01:18:15    | 4          |               |
| 59                               | FLANEGAN    | CAMERON   | RSA     | M   | Jnr Men  | Sprint | 16-17       | 17       | 02:27:00   | 03:45:46    | 01:18:46    | 5          |               |
| 53                               | MUTZURIS    | ANDONI    | ZIM     | M   | Jnr Men  | Sprint | 16-17       | 18       | 02:27:00   | 03:46:39    | 01:19:39    | 6          | 2             |
| 54                               | ELLIOTT     | BRETT     | ZIM     | M   | Jnr Men  | Sprint | 16-17       | 23       | 02:27:00   | 03:51:11    | 01:24:11    | 7          | 3             |

| JUNIOR MEN (18-19) SPRINT (HALF) |           |          |         |     |          |        | CLOCK TIME: |          | 02:27:00   |             |             | AFRICA CUP | ZIM NATIONALS |
|----------------------------------|-----------|----------|---------|-----|----------|--------|-------------|----------|------------|-------------|-------------|------------|---------------|
| RACE NO.                         | Surname   | Name     | Country | Sex | Category | Dist   | AGE GROUP   | Disc no. | Clock Time | Finish Time | Actual Time | POSITION   | POSITION      |
| 62                               | ANSCHUETZ | RUPERT   | ZIM     | M   | Jnr Men  | Sprint | 18-19       | 8        | 02:27:00   | 03:38:19    | 01:11:19    | 1          | 1             |
| 60                               | BENADE    | GIDEON   | ZIM     | M   | Jnr Men  | Sprint | 18-19       | 12       | 02:27:00   | 03:39:15    | 01:12:15    | 2          | 2             |
| 61                               | LEON      | DAVION   | RSA     | M   | Jnr Men  | Sprint | 18-19       | 15       | 02:27:00   | 03:43:40    | 01:16:40    | 3          |               |
| 63                               | HADDON    | THOMAS   | ZIM     | M   | Jnr Men  | Sprint | 18-19       | 19       | 02:27:00   | 03:47:31    | 01:20:31    | 4          | 3             |
| 65                               | VAN BLERK | JAROD    | RSA     | M   | Jnr Men  | Sprint | 18-19       | 21       | 02:27:00   | 03:49:58    | 01:22:58    | 5          |               |
| 64                               | KAYE      | MITCHELL | ZIM     | M   | Jnr Men  | Sprint | 18-19       | 24       | 02:27:00   | 03:51:27    | 01:24:27    | 6          | 4             |
| 66                               | HABEDE    | RAYMOND  | RSA     | M   | Jnr Men  | Sprint | 18-19       | 25       | 02:27:00   | 03:52:43    | 01:25:43    | 7          |               |
| 67                               | RENGANE   | THABISO  | RSA     | M   | Jnr Men  | Sprint | 18-19       | 26       | 02:27:00   | 03:56:05    | 01:29:05    | 8          |               |

| JUNIOR WOMEN (16-17) SPRINT (HALF) |                    |           |         |     |           |        | CLOCK TIME: | 02:33:00 |            |             |             | AFRICA CUP | ZIM NATIONALS |
|------------------------------------|--------------------|-----------|---------|-----|-----------|--------|-------------|----------|------------|-------------|-------------|------------|---------------|
| RACE NO.                           | Surname            | Name      | Country | Sex | Category  | Dist   | AGE GROUP   | Disc no. | Clock Time | Finish Time | Actual Time | POSITION   | POSITION      |
| 70                                 | DUMONT DE CHASSART | GABRIELLE | ZIM     | F   | Jnr Women | Sprint | 16-17       | 20       | 02:33:00   | 03:49:38    | 01:16:38    | 1          | 1             |
| 71                                 | STRAUSS            | GIZELDE   | RSA     | F   | Jnr Women | Sprint | 16-17       | 22       | 02:33:00   | 03:50:40    | 01:17:40    | 2          |               |
| 68                                 | MOLLER             | ANGELIQUE | RSA     | F   | Jnr Women | Sprint | 16-17       | 28       | 02:33:00   | 03:58:29    | 01:25:29    | 3          |               |
| 69                                 | SOPER              | JAMIE-LEE | ZIM     | F   | Jnr Women | Sprint | 16-17       | 35       | 02:33:00   | 04:04:02    | 01:31:02    | 4          | 2             |

| JUNIOR WOMEN (18-19) SPRINT (HALF) |         |        |         |     |           |        | CLOCK TIME: | 02:33:00 |            |             |             | AFRICA CUP | ZIM NATIONALS |
|------------------------------------|---------|--------|---------|-----|-----------|--------|-------------|----------|------------|-------------|-------------|------------|---------------|
| RACE NO.                           | Surname | Name   | Country | Sex | Category  | Dist   | AGE GROUP   | Disc no. | Clock Time | Finish Time | Actual Time | POSITION   | POSITION      |
| 72                                 | HAWGOOD | SARAH  | ZIM     | F   | Jnr Women | Sprint | 18-19       | 30       | 02:33:00   | 03:59:59    | 01:26:59    | 1          | 1             |
| 73                                 | FAULMAN | SIMONE | RSA     | F   | Jnr Women | Sprint | 18-19       | 32       | 02:33:00   | 04:02:09    | 01:29:09    | 2          |               |

| AG MEN (20-35, 36+) - SPRINT (HALF) |                    |             |            |     |          |        | CLOCK TIME: |          | 02:36:00   |             |             | AFRICA CUP | ZIM NATIONALS |
|-------------------------------------|--------------------|-------------|------------|-----|----------|--------|-------------|----------|------------|-------------|-------------|------------|---------------|
| RACE NO.                            | Surname            | Name        | Country    | Sex | Category | Dist   | AGE GROUP   | Disc no. | Clock Time | Finish Time | Actual Time | POSITION   | POSITION      |
| 79                                  | ELLIOTT            | TREVOR      | ZIM        | M   | AG Men   | Sprint | 36+         | 31       | 02:36:00   | 04:01:49    | 01:25:49    | 1          | 1             |
| 80                                  | KIRKMAN            | ALEX        | ZIM        | M   | AG Men   | Sprint | 36+         | 39       | 02:36:00   | 04:12:28    | 01:36:28    | 2          | 2             |
| 78                                  | WESTON             | COLIN       | ZIM        | M   | AG Men   | Sprint | 36+         | 68       | 02:36:00   | 04:31:44    | 01:55:44    | 3          | 3             |
| 76                                  | BUDDE-PETCH        | CHRISTOPHER | ZIM        | M   | AG Men   | Sprint | 36+         | 77       | 02:36:00   | 04:41:33    | 02:05:33    | 4          | 4             |
| 77                                  | SIMPSON            | DAVID       | Individual | M   | AG Men   | Sprint | 36+         | 81       | 02:36:00   | 04:50:48    | 02:14:48    | 5          |               |
| 74                                  | MARTIN             | GARY        | ZIM        | M   | AG Men   | Sprint | 36+         | DNS      | 02:36:00   | 00:00:00    | 00:00:00    | DNS        | DNS           |
| 75                                  | DUMONT DE CHASSART | PHILLIP     | ZIM        | M   | AG Men   | Sprint | 36+         | DNS      | 02:36:00   | 00:00:00    | 00:00:00    | DNS        | DNS           |

| AG WOMEN - (20-35, 36+) - SPRINT (HALF) |                    |         |         |     |          |        | CLOCK TIME: |          | 02:36:00   |             |             | AFRICA CUP | ZIM NATIONALS |
|-----------------------------------------|--------------------|---------|---------|-----|----------|--------|-------------|----------|------------|-------------|-------------|------------|---------------|
| RACE NO.                                | Surname            | Name    | Country | Sex | Category | Dist   | AGE GROUP   | Disc no. | Clock Time | Finish Time | Actual Time | POSITION   | POSITION      |
| 87                                      | SOPER              | BELINDA | ZIM     | F   | AG Women | Sprint | 36+         | 33       | 02:36:00   | 04:02:35    | 01:26:35    | 1          | 1             |
| 84                                      | SIMPSON            | DEIDRE  | KZN     | F   | AG Women | Sprint | 36+         | 43       | 02:36:00   | 04:19:55    | 01:43:55    | 2          |               |
| 83                                      | BUDDE-PETCH        | MARLIES | ZIM     | F   | AG Women | Sprint | 36 +        | 46       | 02:36:00   | 04:21:40    | 01:45:40    | 3          | 2             |
| 82                                      | DUMONT DE CHASSART | MANDY   | ZIM     | F   | AG Women | Sprint | 36 +        | 48       | 02:36:00   | 04:22:29    | 01:46:29    | 4          | 3             |
| 85                                      | O'HARA             | CARON   | ZIM     | F   | AG Women | Sprint | 36+         | 50       | 02:36:00   | 04:24:20    | 01:48:20    | 5          | 4             |
| 88                                      | FABER              | JUANA   | ZIM     | F   | AG Women | Sprint | 36+         | 51       | 02:36:00   | 04:24:21    | 01:48:21    | 6          | 5             |
| 86                                      | SCHREUDER          | NICHOLA | ZIM     | F   | AG Women | Sprint | 36+         | 62       | 02:36:00   | 04:28:42    | 01:52:42    | 7          | 6             |

|          | AG TEAMS - SPRINT (HALF) |           |         |     |          |        | CLOCK TIME: |          | 02:36:00   |             |             |          |
|----------|--------------------------|-----------|---------|-----|----------|--------|-------------|----------|------------|-------------|-------------|----------|
| RACE NO. | Surname                  | Name      | Country | Sex | Category | Dist   | AGE GROUP   | Disc no. | Clock Time | Finish Time | Actual Time | POSITION |
| 100      | FULTON                   | PAMELA    | ZIM     | F   | AG Team  | Sprint | SWIM        |          | 02:36:00   |             |             | 1        |
|          | MBOFANA                  | MARTIN    | ZIM     | M   | AG Team  | Sprint | BIKE/RUN    | 27       |            | 03:57:04    | 01:21:04    |          |
| 102      | JEANS                    | RACHEL    | ZIM     | F   | AG Team  | Sprint | SWIM        |          | 02:36:00   |             |             | 2        |
|          | GREENWAY                 | JAKE      | ZIM     | M   | AG Team  | Sprint | BIKE.RUN    | 29       |            | 03:58:57    | 01:22:57    |          |
| 98       | FULTON                   | PAMELA    | ZIM     | F   | AG Team  | Sprint | SWIM        |          | 02:36:00   |             |             | 3        |
|          | KANHUKAMWE               | VICTOR    | ZIM     | M   | AG Team  | Sprint | BIKE/RUN    | 34       |            | 04:03:10    | 01:27:10    |          |
| 101      | JAMES                    | NICK      | ZIM     | M   | AG Team  | Sprint | SWIM        |          | 02:36:00   |             |             | 4        |
|          | WETZLAR                  | CHARLOTTE | ZIM     | F   | AG Team  | Sprint | BIKE        |          |            |             |             |          |
|          | LITTLEFORD               | BOYD      | ZIM     | M   | AG Team  | Sprint | RUN         | 36       |            | 04:06:12    | 01:30:12    |          |
| 96       | SOPER                    | JAMES     | ZIM     | M   | AG Team  | Sprint | SWIM        |          | 02:36:00   |             |             | 5        |
|          | BISS                     | MIKE      | ZIM     | M   | AG Team  | Sprint | BIKE/RUN    | 37       |            | 04:06:47    | 01:30:47    |          |
| 93       | JEANS                    | AUSTIN    | ZIM     | M   | AG Team  | Sprint | SWIM        |          | 02:36:00   |             |             | 6        |
|          | CUMMINGS                 | MONA      | ZIM     | F   | AG Team  | Sprint | BIKE/RUN    | 38       |            | 04:11:53    | 01:35:53    |          |
| 95       | BENADE                   | BRUCE     | ZIM     | M   | AG Team  | Sprint | SWIM        |          | 02:36:00   |             |             | 7        |
|          | BEKKER                   | SAVANNAH  | ZIM     | F   | AG Team  | Sprint | BIKE        |          |            |             |             |          |
|          | PRETORIUS                | RYAN      | ZIM     | M   | AG Team  | Sprint | RUN         | 40       |            | 04:13:30    | 01:37:30    |          |
| 99       | FULTON                   | PAMELA    | ZIM     | F   | AG Team  | Sprint | SWIM/BIKE   |          | 02:36:00   |             |             | 8        |
|          | SHAWARIRA                | JASPER    | ZIM     | M   | AG Team  | Sprint | RUN         | 41       |            | 04:13:31    | 01:37:31    |          |
| 97       | LANG                     | ALLEN     | ZIM     | M   | AG Team  | Sprint | SWIM        |          | 02:36:00   |             |             | 9        |
|          | ZHARA                    | DONALD    | ZIM     | M   | AG Team  | Sprint | BIKE        |          |            |             |             |          |
|          | MUKONO                   | TAKAWIRA  | ZIM     | M   | AG Team  | Sprint | RUN         | 42       |            | 04:18:42    | 01:42:42    |          |
| 94       | FERREIRA                 | MIKE      | ZIM     | M   | AG Team  | Sprint | SWIM        |          | 02:36:00   |             |             | 10       |
|          | GODDARD                  | ROB       | ZIM     | M   | AG Team  | Sprint | BIKE        |          |            |             |             |          |
|          | SEAMAN                   | PATRICK   | ZIM     | M   | AG Team  | Sprint | RUN         | 44       |            | 04:20:47    | 01:44:47    |          |
| 91       | HAMP-ADAMS               | NICOLA    | ZIM     | F   | AG Team  | Sprint | TBC         |          | 02:36:00   |             |             | 11       |
|          | WROE                     | HELEN     | ZIM     | F   | AG Team  | Sprint | TBC         | 59       |            | 04:28:01    | 01:52:01    |          |
| 92       | DUNCAN                   | JANINE    | ZIM     | F   | AG Team  | Sprint | SWIM        |          | 02:36:00   |             |             | 12       |
|          | MARTIN                   | AUDREY    | ZIM     | F   | AG Team  | Sprint | BIKE        |          |            |             |             |          |
|          | STEFFENS                 | SOPHIA    | ZIM     | F   | AG Team  | Sprint | RUN         | 74       |            | 04:39:18    | 02:03:18    |          |

| AG MEN (20-29, 30-39, 40-49, 50+) STANDARD |         |        |         |     |          |          | CLOCK TIME: |          | 00:00:00   |             |                 | AFRICA CUP | ZIM NATIONALS |
|--------------------------------------------|---------|--------|---------|-----|----------|----------|-------------|----------|------------|-------------|-----------------|------------|---------------|
| RACE NO.                                   | Surname | Name   | Country | Sex | Category | Dist     | AGE GROUP   | Disc no. | Clock Time | Finish Time | Actual Time     | POSITION   | POSITION      |
| 107                                        | GRAY    | MIKE   | ZIM     | M   | AG Men   | Standard | 50+         | 1        | 00:00:00   | 02:44:31    | <b>02:44:31</b> | 1          | 1             |
| 108                                        | GEMMILL | STUART | ZIM     | M   | AG Men   | Standard | 40-49       | 2        | 00:00:00   | 02:45:33    | <b>02:45:33</b> | 2          | 2             |
| 106                                        | COLLINS | PAUL   | ZIM     | M   | AG Men   | Standard | 50+         | 3        | 00:00:00   | 02:53:33    | <b>02:53:33</b> | 3          | 3             |
| 109                                        | MOSS    | WAYNE  | ZIM     | M   | AG Men   | Standard | 40-49       | 6        | 00:00:00   | 03:25:52    | <b>03:25:52</b> | 4          | 4             |

| AG WOMEN (20-29, 30-39, 40-49, 50+) STANDARD |         |           |         |     |          |          | CLOCK TIME: |          | 00:00:00   |             |                 | AFRICA CUP | ZIM NATIONALS |
|----------------------------------------------|---------|-----------|---------|-----|----------|----------|-------------|----------|------------|-------------|-----------------|------------|---------------|
| RACE NO.                                     | Surname | Name      | Country | Sex | Category | Dist     | AGE GROUP   | Disc no. | Clock Time | Finish Time | Actual Time     | POSITION   | POSITION      |
| 111                                          | KIND    | ALEXANDRA | ZIM     | F   | AG Women | Standard | 20-29       | 5        | 00:00:00   | 03:10:44    | <b>03:10:44</b> | 1          | 1             |
| 110                                          | IMPEY   | MIRANDA   | ZIM     | F   | AG Women | Standard | 50+         | 13       | 00:00:00   | 03:41:39    | <b>03:41:39</b> | 2          | 2             |

| AG TEAMS - STANDARD |            |              |         |     |          |          | CLOCK TIME: |          | 00:00:00   |             |                 |          |  |  |
|---------------------|------------|--------------|---------|-----|----------|----------|-------------|----------|------------|-------------|-----------------|----------|--|--|
| RACE NO.            | Surname    | Name         | Country | Sex | Category | Dist     | AGE GROUP   | Disc no. | Clock Time | Finish Time | Actual Time     | POSITION |  |  |
| 113                 | SANDERS    | JULIAN       | ZIM     | M   | AG Team  | Standard | SWIM        |          | 00:00:00   |             |                 | 1        |  |  |
|                     | FLETCHER   | BRUCE        | ZIM     | M   | AG Team  | Standard | BIKE        |          |            |             |                 |          |  |  |
|                     | JOSCELYNE  | ADRIAN       | ZIM     | M   | AG Team  | Standard | RUN         | 4        |            | 02:59:43    | <b>02:59:43</b> |          |  |  |
| 112                 | LASHBROOK  | NIKKI - SWIM | ZIM     | F   | AG Team  | Standard | SWIM        |          | 00:00:00   |             |                 | 2        |  |  |
|                     | LASHBROOK  | MIKE - CYCLE | ZIM     | M   | AG Team  | Standard | BIKE        |          |            |             |                 |          |  |  |
|                     | HOLDERNESS | LARA - RUN   | ZIM     | F   | AG Team  | Standard | RUN         | 14       |            | 03:41:47    | <b>03:41:47</b> |          |  |  |