

POS	First Name	Last Name	Nation	YOB	Start No.	Swim	T1	Bike	T2	Run	Time
1	Matthew	Denslow	ZIM	2001	35	00:00:00	00:00:00	00:36:11	00:00:50	00:18:41	01:07:23
2	Mohamed Aziz	Sebai	TUN	2001	30	00:00:00	00:00:00	00:00:00	00:00:50	00:18:26	01:07:28
3	Seifeddine	Selmi	TUN	2001	39	00:00:00	00:00:00	00:00:00	00:00:37	00:19:39	01:08:40
4	Carlu	Prinsloo	RSA	2002	37	00:13:05	00:00:28	00:35:57	00:00:59	00:19:32	01:10:01
5	Remy	Gerard	MRI	2001	34	00:13:07	00:00:23	00:36:51	00:00:32	00:20:13	01:11:06
6	Brent	Yelland	RSA	2002	28	00:12:17	00:00:33	00:37:16	00:00:42	00:21:00	01:11:48
7	Mohamed	Gaber	EGY	2000	33	00:11:16	00:00:20	00:41:15	00:00:00	00:19:13	01:12:04
8	Luke	Heathcote - Hacker	ZIM	2003	41	00:11:45	00:00:26	00:38:13	00:00:31	00:21:56	01:12:51
9	Luke	Steffens	ZIM	2003	29	00:13:10	00:00:15	00:39:09	00:00:40	00:20:49	01:14:03
10	Jordyn	Jacobs	ZIM	2003	45	00:12:52	00:00:20	00:39:30	00:00:34	00:21:17	01:14:33
11	Maximilian	Betts	GER	2003	32	00:11:38	00:00:00	00:38:53	00:02:52	00:21:23	01:14:46
12	Marcel	Paulser	ZIM	2002	36	00:11:51	00:00:22	00:40:27	00:00:28	00:22:59	01:16:07
13	Caleb	Meistre	RSA	2003	31	00:13:02	00:00:00	00:00:00	00:00:34	00:22:57	01:16:17

POS	First Name	Last Name	Nation	YOB	Start No.	Swim	T1	Bike	T2	Run	Time
14	Mathew	Palmer	ZIM	2003	44	00:14:50	00:00:19	00:40:30	00:00:51	00:20:40	01:17:10
15	Benjamin	Wood	ZIM	2002	40	00:15:03	00:00:25	00:43:07	00:01:01	00:23:00	01:22:36
16	David	Evans	ZIM	2002	38	00:14:55	00:00:28	00:59:12	00:00:00	00:29:00	01:24:08
17	Nicholas	Dobropoulos	ZIM	2003	42	00:15:44	00:00:22	00:45:18	00:00:42	00:26:25	01:28:31
18	Machobane	Katleho Onkarabile	RSA	2002	43	00:14:37	00:00:21	00:49:02	00:01:18	00:24:20	01:29:38