

2020-2021 SEASON TRIATHLON ZIMBABWE NATIONAL CHAMPIONSHIPS -
25TH SEPTEMBER 2021 - TROUTBECK



STANDARD DISTANCE - MEN - OVERALL

POSITION	RACE #	NAME	TIME	AGE CATEGORY	SWIM	T1	CYCLE	T2	RUN
1	41	David GARDNER	02:39:56	50-59	00:24:15	00:01:23	01:27:19	00:00:50	00:46:07
2	46	Paul DENSLOW	02:47:43	40-49	00:25:39	00:01:45	01:29:41	00:01:24	00:49:12
3	42	Stuart GEMMILL	03:04:23	50-59	00:34:45	00:02:22	01:39:45	00:01:07	00:46:21
4	43	Jihong LEE	03:09:51	30-39	00:37:48	00:04:11	01:38:18	00:01:45	00:47:48
	44	Jimmy WILFORD	DNS	40-49					

BY AGE GROUP

POSITION	RACE #	NAME	TIME	AGE CATEGORY	SWIM	T1	CYCLE	T2	RUN
1	43	Jihong LEE	03:09:51	30-39	00:37:48	00:04:11	01:38:18	00:01:45	00:47:48
1	46	Paul DENSLOW	02:47:43	40-49	00:25:39	00:01:45	01:29:41	00:01:24	00:49:12
	44	Jimmy WILFORD	DNS	40-49					
1	41	David GARDNER	02:39:56	50-59	00:24:15	00:01:23	01:27:19	00:00:50	00:46:07
2	42	Stuart GEMMILL	03:04:23	50-59	00:34:45	00:02:22	01:39:45	00:01:07	00:46:21

STANDARD DISTANCE - WOMEN

POSITION	RACE #	NAME	TIME	AGE CATEGORY	SWIM	T1	CYCLE	T2	RUN
1	45	Kristine BICKNELL	02:59:55	40-49	00:30:06	00:01:59	01:35:47	00:00:57	00:51:03

SPRINT DISTANCE - MEN



POSITION	RACE #	NAME	TIME	AGE CATEGORY	SWIM	T1	CYCLE	T2	RUN
1	64	Paulo CAVERNA	01:34:11	40-49	00:18:42	00:02:38	00:43:27	00:01:35	00:27:46
2	61	Mark FULLER	01:36:22	40-49	00:18:03	00:02:26	00:47:09	00:01:39	00:27:03

SPRINT DISTANCE - WOMEN - OVERALL

POSITION	RACE #	NAME	TIME	AGE CATEGORY	SWIM	T1	CYCLE	T2	RUN
1	65	Helen MITCHELL	01:40:15	19-29	00:15:02	00:02:06	00:50:39	00:00:55	00:31:31
2	104	Eve MUDZINGWA	02:06:20	40-49	00:23:04	00:02:26	01:06:07	00:01:26	00:33:15

BY AGE GROUP

POSITION	RACE #	NAME	TIME	AGE CATEGORY	SWIM	T1	CYCLE	T2	RUN
1	65	Helen MITCHELL	01:40:15	19-29	00:15:02	00:02:06	00:50:39	00:00:55	00:31:31
1	104	Eve MUDZINGWA	02:06:20	40-49	00:23:04	00:02:26	01:06:07	00:01:26	00:33:15

TRIATHLON ZIMBABWE NATIONAL CHAMPIONSHIPS - UNDER 13 BOYS


POSITION	RACE #	NAME	TIME	AGE CATEGORY	SWIM	T1	CYCLE	T2	RUN
1	73	Rohnan NICHOLSON	00:49:10	12-13	00:06:24	00:01:20	00:29:10	00:00:44	00:11:30
2	74	Callum SMITH	00:54:38	12-13	00:06:23	00:01:11	00:34:05	00:00:48	00:12:10
3	103	Conner PAULSER	01:00:32	12-13	00:06:05	00:01:48	00:37:34	00:00:46	00:14:17
4	71	Blaine CANDY	01:06:57	12-13	00:07:51	00:01:56	00:44:24	00:00:53	00:11:51
5	72	Carlton CHAPUNGU	01:15:58	12-13	00:08:11	00:01:23	00:47:32	00:01:07	00:17:43
6	102	Tawananyasha KUNAKA	01:53:51	12-13	00:13:42	00:02:47	01:09:58	00:01:40	00:25:42

TRIATHLON ZIMBABWE NATIONAL CHAMPIONSHIPS - UNDER 15 BOYS

POSITION	RACE #	NAME	TIME	AGE CATEGORY	SWIM	T1	CYCLE	T2	RUN
1	81	Duwan BOTHA	00:44:29	14-15	00:05:54	00:01:07	00:26:37	00:00:36	00:10:14
2	95	Joshua JACOBS	00:46:00	14-15	00:05:38	00:00:48	00:27:49	00:00:53	00:10:50
3	83	Matipa MAWERE	00:46:17	14-15	00:05:29	00:00:57	00:28:38	00:00:56	00:10:16
4	82	Dylan GEMMILL	00:47:48	14-15	00:06:07	00:00:50	00:28:37	00:00:47	00:11:25
5	85	Tyler STEENKAMP	00:51:17	14-15	00:06:49	00:01:29	00:30:00	00:00:52	00:12:05
6	84	Mandlenkosi MTHETHWA	00:59:17	14-15	00:06:44	00:01:29	00:37:13	00:01:00	00:12:49
	80	Kayden BHANA	DNS	14-15					

TRIATHLON ZIMBABWE NATIONAL CHAMPIONSHIPS - UNDER 17 MEN

POSITION	RACE #	NAME	TIME	AGE CATEGORY	SWIM	T1	CYCLE	T2	RUN
1	24	George ASCOTT	01:17:02	16-17	00:12:17	00:01:45	00:42:39	00:00:40	00:19:39
2	28	David KNOX	01:38:03	16-17	00:12:42	00:01:02	00:56:01	00:00:55	00:27:20

TRIATHLON ZIMBABWE NATIONAL CHAMPIONSHIPS - UNDER 19 MEN

POSITION	RACE #	NAME	TIME	AGE CATEGORY	SWIM	T1	CYCLE	T2	RUN
2	26	Marcel PAULSER	01:29:47	18-19	00:12:16	00:01:04	00:45:20	00:00:53	00:30:12

TRIATHLON ZIMBABWE NATIONAL CHAMPIONSHIPS - UNDER 13 GIRLS



POSITION	RACE #	NAME	TIME	AGE CATEGORY	SWIM	T1	CYCLE	T2	RUN
	86	Chloe FULLER	DNS	12-13					

TRIATHLON ZIMBABWE NATIONAL CHAMPIONSHIPS - UNDER 15 GIRLS

POSITION	RACE #	NAME	TIME	AGE CATEGORY	SWIM	T1	CYCLE	T2	RUN
1	94	Anje VAN AS	00:50:28	14-15	00:06:15	00:01:14	00:30:24	00:00:40	00:11:52
2	91	Nicole MADYA	00:54:53	14-15	00:07:24	00:01:19	00:33:00	00:00:53	00:12:16
3	90	Emma LIDSBA	00:58:08	14-15	00:07:43	00:01:33	00:33:18	00:00:45	00:14:47
4	93	Tayleigh TAYLOR	00:58:59	14-15	00:06:35	00:01:40	00:34:33	00:01:12	00:14:57

TRIATHLON ZIMBABWE NATIONAL CHAMPIONSHIPS - UNDER 17 WOMEN

POSITION	RACE #	NAME	TIME	AGE CATEGORY	SWIM	T1	CYCLE	T2	RUN
1	32	Makanaka MAWERE	01:27:31	16-17	00:12:25	00:01:44	00:47:05	00:00:55	00:25:20
2	35	Jessica FULLER	01:37:03	16-17	00:14:38	00:01:13	00:51:01	00:00:54	00:29:15

TRIATHLON ZIMBABWE NATIONAL CHAMPIONSHIPS - UNDER 19 WOMEN - NO ENTRIES