

POS	First Name	Last Name	Nation	YOB	Start No.	Swim	T1	Bike	T2	Run	Time
1	Kira	Ribbink	RSA	2003	53	00:10:51	00:00:59	00:41:27	00:00:39	00:20:20	01:14:18
2	Kayla	Ribbink	RSA	2002	52	00:10:52	00:00:56	00:42:58	00:00:34	00:21:12	01:16:34
3	Nadya	Stolarczyk	RSA	2003	54	00:13:16	00:00:55	00:42:13	00:00:37	00:19:43	01:16:47
4	Andie	Kuipers	ZIM	2002	51	00:11:19	00:00:51	00:42:34	00:00:37	00:21:36	01:16:59
5	Mikayla	Colegrave	ZIM	2002	55	00:13:10	00:00:53	00:42:25	00:00:36	00:22:48	01:19:54
6	Erin	Elliott	ZIM	2003	59	00:12:09	00:00:57	00:43:23	00:00:40	00:25:47	01:22:59
7	Makanaka	Mawere	ZIM	2004	58	00:12:11	00:01:12	00:48:52	00:00:43	00:25:32	01:28:33
8	Haidy	Taymour	EGY	2002	56	00:11:59	00:01:05	00:49:49	00:00:44	00:26:03	01:29:42
9	Kayleigh	Geel	RSA	2004	57	00:12:13	00:01:18	00:54:10	00:01:15	00:24:30	01:33:28