

POS	First Name	Last Name	Nation	YO B	Start No.	Swim	T1	Bike	T2	Run	Time
1	Rossouw	Venter	RSA	2002	17	00:09:18	00:01:14	00:40:37	00:01:15	00:20:28	01:12:54
2	John Paul	Makona Stroop	KEN	2003	18	00:12:14	00:01:02	00:43:27	00:00:47	00:19:23	01:16:55
3	Johannes Gerhardus	Van Der Westhuizen	NAM	2002	20	00:16:21	00:01:08	00:39:35	00:00:53	00:19:00	01:17:00
4	George	Ascott	ZIM	2005	24	00:12:17	00:01:45	00:42:39	00:00:40	00:19:39	01:17:02
5	Kyle	Erskine	RSA	2004	21	00:11:21	00:01:09	00:42:13	00:00:45	00:22:29	01:18:00
6	Joseph	Okal	KEN	2002	19	00:12:12	00:01:06	00:43:24	00:00:39	00:23:01	01:20:24
7	Trevor K.	Mwamisi	KEN	2004	22	00:12:18	00:01:01	00:45:28	00:00:40	00:25:32	01:25:02
8	Cherif Malainy	Diop	SEN	2004	25	00:12:28	00:01:19	00:52:23	00:00:36	00:20:32	01:27:21
9	Marcel	Paulser	ZIM	2002	26	00:12:16	00:01:04	00:45:20	00:00:53	00:30:12	01:29:47
10	Harouna	Infi	NIG	2001	23	00:16:42	00:03:02	00:51:03	00:00:47	00:22:07	01:33:43
11	David	Knox	ZIM	2005	28	00:12:42	00:01:02	00:56:01	00:00:55	00:27:20	01:38:03
12	Joshua	Okal	KEN	2004	27	00:14:34	00:01:53	01:01:07	00:01:07	00:32:00	01:50:42