

## 2023-2024 SEASON - SELECTION POINTS FOR ELIGIBILITY FOR SA CHAMPS

| SELECTION EVENTS                                     | EVENT DATE | POINTS                | * U13 QUALIFYING TIMES                                       |         | ** U15 QUALIFYING TIMES  |         |
|--|------------|-----------------------|--|---------|--|---------|
|  |            |                       | Girls  | Boys    | Girls  | Boys    |
|  |            | 1st - 12th place      | <i>* only required if athlete does not achieve 10 points</i> |         | <i>** only required if there are only 1 or 2 competitors at Mt Pleasant events</i> |         |
| 1. Mount Pleasant                                    | 22-Oct-23  | 1,1,1,1,1,1,1,1,1,1,1 |  |         |  |         |
| 2. Mount Pleasant                                    | 29-Oct-23  | 1,1,1,1,1,1,1,1,1,1,1 |  |         |  |         |
| 3. Springvale House                                  | 05-Nov-12  | 2,1,1,1,1,1,1,1,1,1,1 |  |         |  |         |
| 4. Mount Pleasant                                    | 19-Nov-23  | 2,1,1,1,1,1,1,1,1,1,1 |  |         |  |         |
| 5. Penhalonga <b>* compulsory for U15</b>            | 03-Dec-23  | 3,2,2,2,2,2,2,2,2,2,2 |  |         | 0:44:00  | 0:41:00 |
| 6. Mount Pleasant                                    | 14-Jan-24  | 3,2,2,2,1,1,1,1,1,1,1 | 0:50:00  | 0:47:00 | 0:44:00  | 0:41:00 |
| 7. Mount Pleasant                                    | 28-Jan-24  | 4,3,2,2,2,1,1,1,1,1,1 | 0:50:00  | 0:47:00 | 0:44:00  | 0:41:00 |
| 8. Mount Pleasant                                    | 04-Feb-24  | 4,3,2,2,2,1,1,1,1,1,1 | 0:50:00  | 0:47:00 | 0:44:00  | 0:41:00 |
| ZIM NATIONAL CHAMPS                                  | 17-Feb-24  | Troutbeck             |  |         |  |         |
| SA YOUTH CHAMPS <b>* Africa Champs Qualifier U15</b> | 03-Mar-24  | Maselspoort           |  |         |  |         |

### ELIGIBILITY CRITERIA & CONDITIONS FOR POINTS AT DESIGNATED SELECTION EVENTS FOR THE U13 and U15 AGE CATEGORIES

- Age Groups for the 2023/2024 season are determined by the age of athlete as at **31 DECEMBER 2024**
- An U13 athlete must be in **FORM 1** in the year of competition to be eligible to go on tour (athletes in Gr.7 in 2023 will be eligible for selection to tour in 2024)
- U13 ATHLETES - Eligibility is based on attaining a minimum of **10 points** acquired from a graded points for position based system in **8 designated selection events** throughout the 2023/2024 season **or** attaining the qualifying time at **one (1)** of the 2024 selection events \*
- U15 ATHLETES - Eligibility is based on attaining a minimum of **10 points** acquired from a graded points for position based system in **8 designated selection events** throughout the 2023/2024 season.
- Where there are only **1 or 2** competitors in the **U15** category at Mt Pleasant events & Penhalonga event, to gain the respective position-based points in that event their finish time must be within the set qualifying time for their respective category \*\*
- An athlete's results from all the designated selection events in which they participate will count

### U15 ATHLETES - REFER TO PUBLISHED CRITERIA FOR AFRICA CHAMPS TEAM SELECTION

| U13 GIRLS (12-13) Cat. M | D.O.B.   | Age as at 31/12/2024 | 22-10-23 |         |     | 29-10-23 |      |     | 05-11-23 |      |     | 19-11-23 |      |     | 02-12-23 |      |     | 14-01-24 |      |     | 28-01-24 |      |     | POINTS |
|--------------------------|----------|----------------------|----------|---------|-----|----------|------|-----|----------|------|-----|----------|------|-----|----------|------|-----|----------|------|-----|----------|------|-----|--------|
|                          |          |                      | POS      | TIME    | PTS | POS      | TIME | PTS | POS      | TIME | PTS | POS      | TIME | PTS | POS      | TIME | PTS | POS      | TIME | PTS | POS      | TIME | PTS |        |
| VILLA GEORGIA GATA       | 10-04-11 | 13                   | 1        | 0:56:09 | 1   | DNS      | DNS  | 0   | DNS      | DNS  | 0   | DNS      | DNS  | 0   | DNS      | DNS  | 0   | DNS      | DNS  | 0   | DNS      | DNS  | 0   | 1      |

| U15 GIRLS (14-15 Cat. N) | D.O.B.   | Age as at 31/12/2024 | 22-10-23                         |          |     | 29-10-23                         |          |     | 05-11-23                         |          |     | 19-11-23                         |          |     | 02-12-23                         |          |     | 14-01-24                         |          |     | 28-01-24 |          |     | POINTS |
|--------------------------|----------|----------------------|----------------------------------|----------|-----|----------------------------------|----------|-----|----------------------------------|----------|-----|----------------------------------|----------|-----|----------------------------------|----------|-----|----------------------------------|----------|-----|----------|----------|-----|--------|
|                          |          |                      | 1 or 2 competitors QT = 00:44:00 |          |     | 1 or 2 competitors QT = 00:44:00 |          |     | 1 or 2 competitors QT = 00:44:00 |          |     | 1 or 2 competitors QT = 00:44:00 |          |     | 1 or 2 competitors QT = 00:44:00 |          |     | 1 or 2 competitors QT = 00:44:00 |          |     |          |          |     |        |
|                          |          |                      | POS                              | TIME     | PTS | POS                              | TIME     | PTS | POS                              | TIME     | PTS | POS                              | TIME     | PTS | POS                              | TIME     | PTS | POS                              | TIME     | PTS | POS      | TIME     | PTS |        |
| RACHEL O'DONOGHUE        | 29-07-10 | 14                   | 1                                | 00:38:47 | 1   | 1                                | 00:37:53 | 1   | 1                                | 0:34:50  | 2   | DNS                              | DNS      | 0   | 1                                | 0:37:13  | 3   | 1                                | 0:38:24  | 3   | 1        | 0:36:45  | 4   | 14     |
| OLIVIA BEAMISH           | 24-05-10 | 14                   | 2                                | 00:42:09 | 1   | 2                                | 00:44:16 | 1   | 2                                | 0:40:10  | 1   | 1                                | 0:42:45  | 2   | 2                                | 0:40:35  | 2   | 2                                | 0:42:24  | 2   | 2        | 0:40:43  | 3   | 12     |
| BIANCA VAN DE LINDE      | 14-11-10 | 14                   | 3                                | 00:46:46 | 1   | 3                                | 00:45:59 | 1   | 3                                | 0:40:11  | 1   | 2                                | 0:46:20  | 1   | 3                                | 0:46:55  | 2   | 3                                | 0:49:38  | 2   | 3        | 0:43:37  | 2   | 10     |
| JESSICA PSWARAYI         | 08-05-09 | 15                   | DNS                              | DNS      | 0   | 4                                | 00:53:27 | 1   | 4                                | 00:48:04 | 1   | 3                                | 00:54:17 | 1   | 4                                | 00:59:53 | 2   | 5                                | 00:57:54 | 1   | DNS      |          | 0   | 6      |
| ANODIWA MUSHAMBA         | 04-09-09 | 15                   | 4                                | 01:15:52 | 1   | DNS                              | DNS      | 0   | 6                                | 1:01:16  | 1   | 4                                | 1:13:42  | 1   | 5                                | 1:20:32  | 2   | DNS                              |          | 0   | 5        | 1:13:01  | 2   | 7      |
| ASHLEY CHIFAMBA          | 01-08-09 | 15                   | DNS                              | DNS      | 0   | DNS                              | DNS      | 0   | DNS                              | DNS      | 0   | 5                                | 1:25:41  | 1   | DNS                              | DNS      | 0   | DNS                              |          | 0   | DNS      |          | 0   | 1      |
| ERIN EASTWOOD            | 30-01-09 | 15                   | DNS                              | DNS      | 0   | DNS                              | DNS      | 0   | 5                                | 0:49:40  | 1   | DNS                              | DNS      | 0   | DNS                              | DNS      | 0   | DNS                              |          | 0   | DNS      |          | 0   | 1      |
| IMLAH NYAMHUNGA          | 02-01-10 | 14                   | DNS                              | DNS      | 0   | DNS                              | DNS      | 0   | DNS                              | DNS      | 0   | DNS                              | DNS      | 0   | DNS                              | DNS      | 0   | 4                                | 00:57:40 | 2   | 4        | 00:49:46 | 2   | 4      |

## 2023-2024 SEASON - SELECTION POINTS FOR ELIGIBILITY FOR SA YOUTH CHAMPS

| SELECTION EVENTS                              | EVENT DATE | POINTS                | * U13 QUALIFYING TIMES                                       |         | ** U15 QUALIFYING TIMES  |         |
|---|------------|-----------------------|--|---------|--|---------|
|   |            |                       | Girls  | Boys    | Girls  | Boys    |
|   |            | 1st - 12th place      | <i>* only required if athlete does not achieve 10 points</i> |         | <i>** only required if there are only 1 or 2 competitors at Mt Pleasant events</i> |         |
| 1. Mount Pleasant                             | 22-Oct-23  | 1,1,1,1,1,1,1,1,1,1,1 |  |         |  |         |
| 2. Mount Pleasant                             | 29-Oct-23  | 1,1,1,1,1,1,1,1,1,1,1 |  |         |  |         |
| 3. Springvale House                           | 05-Nov-12  | 2,1,1,1,1,1,1,1,1,1,1 |  |         |  |         |
| 4. Mount Pleasant                             | 19-Nov-23  | 2,1,1,1,1,1,1,1,1,1,1 |  |         |  |         |
| 5. Penhalonga * compulsory for U15            | 03-Dec-23  | 3,2,2,2,2,2,2,2,2,2,2 |  |         | 0:44:00  | 0:41:00 |
| 6. Mount Pleasant                             | 14-Jan-24  | 3,2,2,2,1,1,1,1,1,1,1 | 0:50:00  | 0:47:00 | 0:44:00  | 0:41:00 |
| 7. Mount Pleasant                             | 28-Jan-24  | 4,3,2,2,2,1,1,1,1,1,1 | 0:50:00  | 0:47:00 | 0:44:00  | 0:41:00 |
| 8. Mount Pleasant                             | 04-Feb-24  | 4,3,2,2,2,1,1,1,1,1,1 | 0:50:00  | 0:47:00 | 0:44:00  | 0:41:00 |
| ZIM NATIONAL CHAMPS                           | 17-Feb-24  | Troutbeck             |  |         |  |         |
| SA YOUTH CHAMPS * Africa Champs Qualifier U15 | 03-Mar-24  | Maselspoort           |  |         |  |         |

### ELIGIBILITY CRITERIA & CONDITIONS FOR POINTS AT DESIGNATED SELECTION EVENTS FOR THE U13 and U15 AGE CATEGORIES

- Age Groups for the 2023/2024 season are determined by the age of athlete as at **31 DECEMBER 2024**
- An U13 athlete must be in **FORM 1** in the year of competition to be eligible to go on tour (athletes in Gr.7 in 2023 will be eligible for selection to tour in 2024)
- U13 ATHLETES - Eligibility is based on attaining a minimum of **10 points** acquired from a graded points for position based system in **8 designated selection events** throughout the 2023/2024 season **or** attaining the qualifying time at **one (1)** of the 2024 selection events \*
- U15 ATHLETES - Eligibility is based on attaining a minimum of **10 points** acquired from a graded points for position based system in **8 designated selection events** throughout the 2023/2024 season.
- Where there are only **1 or 2** competitors in the **U15** category at Mount Pleasant events & Penhalonga event, to gain the respective position-based points in that event their finish time must be within the set qualifying time for their respective category \*\*
- An athlete's results from all the designated selection events in which they participate will count

### U15 ATHLETES - REFER TO PUBLISHED CRITERIA FOR AFRICA CHAMPS TEAM SELECTION

| U13 BOYS (12-13) Cat. E | D.O.B.   | Age as at 31/12/2024 | 22-10-23 |         |     | 29-10-23 |          |     | 05-11-23 |          |     | 19-11-23 |          |     | 02-12-23 |          |     | 14-01-24 |          |     | 28-01-24 |         |     | POINTS |
|-------------------------|----------|----------------------|----------|---------|-----|----------|----------|-----|----------|----------|-----|----------|----------|-----|----------|----------|-----|----------|----------|-----|----------|---------|-----|--------|
|                         |          |                      | POS      | TIME    | PTS | POS      | TIME     | PTS | POS      | TIME     | PTS | POS      | TIME     | PTS | POS      | TIME     | PTS | POS      | TIME     | PTS | POS      | TIME    | PTS |        |
| DANIEL NICHOLSON        | 24-02-11 | 13                   | 1        | 0:46:38 | 1   | 1        | 00:47:09 | 1   | 1        | 00:40:13 | 2   | DNS      | DNS      | 0   | 1        | 00:44:01 | 2   | 1        | 00:44:12 | 3   | 1        | 0:46:54 | 4   | 13     |
| JOHN GODDARD            | 24-05-11 | 13                   | 2        | 0:47:04 | 1   | 3        | 00:51:07 | 1   | 4        | 00:44:35 | 1   | 1        | 00:46:46 | 2   | 3        | 00:47:23 | 2   | 2        | 00:44:52 | 2   | DNS      |         | 0   | 9      |
| SETH CAMERON            | 26-09-11 | 13                   | 3        | 0:47:22 | 1   | 2        | 00:49:09 | 1   | 2        | 0:43:21  | 1   | 2        | 00:48:44 | 1   | 2        | 00:45:57 | 2   | 4        | 01:00:26 | 2   | DNS      |         | 0   | 8      |
| WENYASHA MASHAVAVE      | 03-04-11 | 13                   | 4        | 0:53:00 | 1   | 4        | 00:55:48 | 1   | 5        | 0:46:39  | 1   | 4        | 1:00:08  | 1   | 5        | 0:54:45  | 2   |          |          | 0   | DNS      |         | 0   | 6      |
| MATTHEW EASTWOOD        | 20-02-12 | 12                   | DNS      | DNS     | 0   | DNS      | DNS      | 0   | 7        | 0:51:04  | 1   | DNS      | DNS      | 0   |          | DNS      | 0   |          |          | 0   | DNS      |         | 0   | 1      |
| SAMUEL EASTWOOD         | 10-06-11 | 13                   | DNS      | DNS     | 0   | DNS      | DNS      | 0   | 6        | 0:47:06  | 1   | DNS      | DNS      | 0   |          | DNS      | 0   |          |          | 0   | DNS      |         | 0   | 1      |
| SEBASTIAN GODDARD       | 24-05-11 | 13                   | 5        | 0:54:18 | 1   | 5        | 00:57:31 | 1   | 3        | 0:44:47  | 1   | 3        | 0:51:40  | 1   | 4        | 0:50:44  | 2   | 3        | 00:53:13 | 2   | 2        | 0:48:33 | 3   | 11     |

| U15 BOYS (14-15) Cat. F) | D.O.B.   | Age as at 31/12/2024 | 22-10-23                         |           |     | 29-10-23                         |          |     | 05-11-23                         |         |     | 19-11-23                         |         |     | 02-12-23                         |         |     | 14-01-24                         |         |     | 28-01-24 |          |     | POINTS |
|--------------------------|----------|----------------------|----------------------------------|-----------|-----|----------------------------------|----------|-----|----------------------------------|---------|-----|----------------------------------|---------|-----|----------------------------------|---------|-----|----------------------------------|---------|-----|----------|----------|-----|--------|
|                          |          |                      | POS                              | TIME      | PTS | POS                              | TIME     | PTS | POS                              | TIME    | PTS | POS                              | TIME    | PTS | POS                              | TIME    | PTS | POS                              | TIME    | PTS | POS      | TIME     | PTS |        |
|                          |          |                      | 1 or 2 competitors QT = 00:41:00 |           |     | 1 or 2 competitors QT = 00:41:00 |          |     | 1 or 2 competitors QT = 00:41:00 |         |     | 1 or 2 competitors QT = 00:41:00 |         |     | 1 or 2 competitors QT = 00:41:00 |         |     | 1 or 2 competitors QT = 00:41:00 |         |     |          |          |     |        |
| ZANDER BOTHA             | 04-02-10 | 14                   | 1                                | 00:39:41  | 1   | 1                                | 00:40:57 | 1   | 1                                | 0:35:10 | 2   | 1                                | 0:41:23 | 2   | 1                                | 0:38:11 | 3   | 1                                | 0:38:48 | 3   | DNF      | puncture | 0   | 12     |
| TAANASHE MAKOSA          | 20-11-10 | 14                   | 2                                | 00:59:01  | 1   | 3                                | 00:55:58 | 1   | DNS                              | DNS     | 0   | 5                                | 0:55:39 | 1   | 3                                | 0:56:31 | 2   | 5                                | 0:55:09 | 1   | 5        | 0:49:46  | 2   | 8      |
| ADEN COLLETT             | 18-04-10 | 14                   | DNS                              | DNS       | 0   | DNS                              | DNS      | 0   | DNS                              | DNS     | 0   | 3                                | 0:43:17 | 1   | DNS                              | DNS     | 0   | 4                                | 0:45:00 | 2   | 4        | 0:43:55  | 2   | 5      |
| MATTHEW HILDEBRAND       | 16-02-10 | 14                   | DNS                              | DNS       | 0   | 2                                | 00:44:17 | 1   | 3                                | 0:38:20 | 1   | 4                                | 0:45:46 | 1   | 2                                | 0:40:36 | 2   | 3                                | 0:43:46 | 2   | 3        | 0:42:28  | 2   | 9      |
| ETHAN DONZVA             | 29-05-10 | 14                   | DNS                              | DNS       | 0   | DNS                              | DNS      | 0   | DNS                              | DNS     | 0   | 2                                | 0:41:49 | 1   | DNS                              | DNS     | 0   |                                  |         |     | 2        | 0:41:01  | 3   | 4      |
| OWEN MAJOR               | 10-07-09 | 15                   | DNS                              | DNS       | 0   | DNS                              | DNS      | 0   | 4                                | 0:42:55 | 1   | DNS                              | DNS     | 0   | DNS                              | DNS     | 0   |                                  |         |     | DNS      |          | 0   | 1      |
| XANDER STEVENSON         | 31-12-09 | 15                   | DNF                              | PUNCTURED | 1   | DNS                              | DNS      | 0   | 2                                | 0:37:37 | 1   | DNS                              | DNS     | 0   | DNS                              | DNS     | 0   | 2                                | 0:39:34 | 2   | 1        | 0:38:19  | 4   | 8      |



## 2023-2024 SEASON - SELECTION POINTS FOR ELIGIBILITY FOR SA JUNIOR CHAMPS

| SELECTION EVENTS                                   | EVENT DATE         | POINTS                  |
|--|--------------------|-------------------------|
|  |                    | <b>1st - 12th place</b> |
| 1. Mount Pleasant                                  | 22-Oct-23          | 1,1,1,1,1,1,1,1,1,1,1,1 |
| 2. Mount Pleasant                                  | 29-Oct-23          | 1,1,1,1,1,1,1,1,1,1,1,1 |
| 3. Springvale House                                | 05-Nov-23          | 2,1,1,1,1,1,1,1,1,1,1,1 |
| 4. Mount Pleasant                                  | 19-Nov-23          | 2,1,1,1,1,1,1,1,1,1,1,1 |
| 5. Penhalonga * compulsory                         | 03-Dec-23          | 3,3,3,2,2,2,2,2,2,2,2,2 |
| 6. Mount Pleasant                                  | 14-Jan-24          | 2,1,1,1,1,1,1,1,1,1,1,1 |
| 7. Mount Pleasant                                  | 28-Jan-24          | 2,1,1,1,1,1,1,1,1,1,1,1 |
| 8. Mount Pleasant                                  | 04-Feb-24          | 3,3,3,2,2,2,2,1,1,1,1,1 |
| 9. ZIM NATIONAL CHAMPS                             | 17-Feb-24          | 4,3,3,2,2,2,2,1,1,1,1,1 |
| 10. Mount Pleasant                                 | 03-Mar-24          | 3,3,3,2,2,2,2,1,1,1,1,1 |
| SA JUNIOR CHAMPS * Africa Champs qualifier U17/U19 | 07-Apr-24          | Gqeberha                |
| AFRICA CHAMPS                                      | 31 May - 1 June 24 | EGYPT                   |

**REFER TO PUBLISHED CRITERIA FOR AFRICA CHAMPS TEAM SELECTION**

### ELIGIBILITY CRITERIA & CONDITIONS FOR POINTS AT DESIGNATED SELECTION EVENTS FOR THE U17/U19 AGE CATEGORY

- Age Groups for the 2023/2024 season are determined by the age of athlete as at **31 DECEMBER 2024**
- Eligibility is based on attaining a **MINIMUM** of 10 points available from 10 selection events.
- The **Penhalonga** event is a **compulsory event for selection** and carries weighted position-based points.
- Where there are only **1 or 2** competitors in the **U17 or U19** category, to gain the respective position-based points at Mount Pleasant events & Penhalonga event their finish time must be within the set qualifying time for their respective category as set out below.
- A 'Selectors' Discretionary Criteria' \*\* allows for possible inclusion of borderline eligibility cases

#### QUALIFYING TIMES - required for small categories with only 1-2 competitors at Mt Pleasant events & Penhalonga event (Not Troutbeck):

To gain the respective position based points their finish time must be within the set qualifying time for their respective category: **PLEASE ALSO REFER TO PUBLISHED CRITERIA FOR MORE DETAILS**

U17 BOYS qualifying time: **01:16:00**

U19 BOYS qualifying time: **01:11:00**

#### \*Selectors' Discretionary Criteria for borderline athletes:

- The selectors will **only** review the eligibility of athletes who finish on 9 points after the 10 selection events.
- If the athlete's finish time in the selection sprint event is within **30 sec** of the qualifying time for any of the selection events in 2023-2024 season then he may receive an extra 1 point

| U17 BOYS (16-17 Cat G) | D.O.B.   | Age as at 31/12/2024 | 22-10-23                         |         |     | 29-10-23                         |          |     | 05-11-23                         |         |     | 19-11-23                         |         |     | 02-12-23                         |         |     | 14-01-24                         |         |     | 28-01-24                         |         |     | POINTS |
|------------------------|----------|----------------------|----------------------------------|---------|-----|----------------------------------|----------|-----|----------------------------------|---------|-----|----------------------------------|---------|-----|----------------------------------|---------|-----|----------------------------------|---------|-----|----------------------------------|---------|-----|--------|
|                        |          |                      | 1 or 2 competitors QT = 01:16:00 |         |     | 1 or 2 competitors QT = 01:16:00 |          |     | 1 or 2 competitors QT = 01:16:00 |         |     | 1 or 2 competitors QT = 01:16:00 |         |     | 1 or 2 competitors QT = 01:16:00 |         |     | 1 or 2 competitors QT = 01:16:00 |         |     | 1 or 2 competitors QT = 01:16:00 |         |     |        |
|                        |          |                      | POS                              | TIME    | PTS | POS                              | TIME     | PTS | POS                              | TIME    | PTS | POS                              | TIME    | PTS | POS                              | TIME    | PTS | POS                              | TIME    | PTS | POS                              | TIME    | PTS |        |
| ROHMAN NICHOLSON       | 28-12-08 | 16                   | 1                                | 1:05:43 | 1   | 1                                | 01:05:35 | 1   | 1                                | 1:05:19 | 2   | DNS                              | DNS     | 0   | 1                                | 1:06:42 | 3   | 1                                | 1:06:07 | 3   | 1                                | 1:04:48 | 2   | 12     |
| CALLUM SMITH           | 08-10-08 | 16                   | 2                                | 1:11:09 | 1   | 2                                | 01:08:19 | 1   | 2                                | 1:07:10 | 1   | 1                                | 1:09:04 | 2   | 2                                | 1:09:32 | 3   | 2                                | 1:07:51 | 2   | 2                                | 1:11:59 | 1   | 11     |
| STANLEY CHASAKARA      | 11-11-08 | 16                   | 3                                | 1:11:10 | 1   | 3                                | 01:13:00 | 1   | 3                                | 1:20:35 | 1   | 2                                | 1:16:54 | 0   | 3                                | 1:14:20 | 3   | 3                                | 1:14:10 | 2   | 3                                | 1:13:28 | 1   | 9      |
|                        |          |                      |                                  |         |     |                                  |          |     |                                  |         |     |                                  |         |     |                                  |         |     |                                  |         |     |                                  |         |     |        |

| U19 BOYS (18-19 Cat H) | D.O.B.   | Age as at 31/12/2024 | 22-10-23                         |      |     | 29-10-23                         |          |     | 05-11-23                         |         |     | 19-11-23                         |         |     | 02-12-23                         |         |     | 15-01-23                         |         |     | 08-01-23                         |      |     | POINTS |
|------------------------|----------|----------------------|----------------------------------|------|-----|----------------------------------|----------|-----|----------------------------------|---------|-----|----------------------------------|---------|-----|----------------------------------|---------|-----|----------------------------------|---------|-----|----------------------------------|------|-----|--------|
|                        |          |                      | 1 or 2 competitors QT = 01:11:00 |      |     | 1 or 2 competitors QT = 01:11:00 |          |     | 1 or 2 competitors QT = 01:11:00 |         |     | 1 or 2 competitors QT = 01:11:00 |         |     | 1 or 2 competitors QT = 01:11:00 |         |     | 1 or 2 competitors QT = 01:11:00 |         |     | 1 or 2 competitors QT = 01:11:00 |      |     |        |
|                        |          |                      | POS                              | TIME | PTS | POS                              | TIME     | PTS | POS                              | TIME    | PTS | POS                              | TIME    | PTS | POS                              | TIME    | PTS | POS                              | TIME    | PTS | POS                              | TIME | PTS |        |
| DUWAN BOTHA            | 14-08-06 | 18                   | DNS                              | DNS  | 0   | 1                                | 01:14:33 | 0   | 1                                | 1:08:18 | 2   | 1                                | 1:11:23 | 0   | 2                                | 1:17:39 | 0   | 1                                | 1:11:22 | 0   | DNS                              |      | 0   | 2      |
| MANDLENKOSI MTHETHWA   | 05-01-06 | 18                   | DNS                              | DNS  | 0   | DNS                              | DNS      | 0   | DNS                              | DNS     | 0   | DNS                              | DNS     | 0   | 1                                | 1:17:37 | 0   | DNS                              |         | 0   | DNS                              |      | 0   | 0      |
| MATIPA MAWERE          | 27-03-06 | 18                   | DNS                              | DNS  | 0   | 2                                | 01:17:06 | 0   | DNS                              | DNS     | 0   | DNS                              | DNS     | 0   | DNS                              | DNS     | 0   | DNS                              |         | 0   | DNS                              |      | 0   | 0      |