

2023-2024 SEASON - SELECTION POINTS FOR ELIGIBILITY FOR SA CHAMPS

SELECTION EVENTS	EVENT DATE	POINTS	* U13 QUALIFYING TIMES		** U15 QUALIFYING TIMES	
			Girls	Boys	Girls	Boys
		1st - 12th place	<i>* only required if athlete does not achieve 10 points</i>		<i>** only required if there are only 1 or 2 competitors at Mt Pleasant events</i>	
1. Mount Pleasant	22-Oct-23	1,1,1,1,1,1,1,1,1,1,1,1				
2. Mount Pleasant	29-Oct-23	1,1,1,1,1,1,1,1,1,1,1,1				
3. Springvale House	05-Nov-12	2,1,1,1,1,1,1,1,1,1,1,1				
4. Mount Pleasant	19-Nov-23	2,1,1,1,1,1,1,1,1,1,1,1				
5. Penhalonga * compulsory for U15	03-Dec-23	3,2,2,2,2,2,2,2,2,2,2,2			0:44:00	0:41:00
6. Mount Pleasant	14-Jan-24	3,2,2,2,1,1,1,1,1,1,1,1	0:50:00	0:47:00	0:44:00	0:41:00
7. Mount Pleasant	28-Jan-24	4,3,2,2,2,1,1,1,1,1,1,1	0:50:00	0:47:00	0:44:00	0:41:00
8. Mount Pleasant	04-Feb-24	4,3,2,2,2,1,1,1,1,1,1,1	0:50:00	0:47:00	0:44:00	0:41:00
ZIM NATIONAL CHAMPS	17-Feb-24	Troutbeck				
SA YOUTH CHAMPS * Africa Champs Qualifier U15	03-Mar-24	Maselspoort				

ELIGIBILITY CRITERIA & CONDITIONS FOR POINTS AT DESIGNATED SELECTION EVENTS FOR THE U13 and U15 AGE CATEGORIES

- Age Groups for the 2023/2024 season are determined by the age of athlete as at **31 DECEMBER 2024**
- An U13 athlete must be in **FORM 1** in the year of competition to be eligible to go on tour (athletes in Gr.7 in 2023 will be eligible for selection to tour in 2024)
- U13 ATHLETES - Eligibility is based on attaining a minimum of **10 points** acquired from a graded points for position based system in **8 designated selection events** throughout the 2023/2024 season or attaining the qualifying time at **one (1)** of the 2024 selection events *
- U15 ATHLETES - Eligibility is based on attaining a minimum of **10 points** acquired from a graded points for position based system in **8 designated selection events** throughout the 2023/2024 season.
- Where there are only **1 or 2** competitors in the **U15** category at Mt Pleasant events & Penhalonga event, to gain the respective position-based points in that event their finish time must be within the set qualifying time for their respective category **
- An athlete's results from all the designated selection events in which they participate will count

U15 ATHLETES - REFER TO PUBLISHED CRITERIA FOR AFRICA CHAMPS TEAM SELECTION

U13 GIRLS (12-13) Cat. M	D.O.B.	Age as at 31/12/2024	22-10-23			29-10-23			05-11-23			19-11-23			02-12-23			14-01-24			28-01-24			04-02-24			POINTS
			POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	
VILLA GEORGIA GATA	10-04-11	13	1	0:56:09	1	DNS	DNS	0	DNS	DNS	0	DNS	DNS	0	DNS	DNS	0	DNS	DNS	0	DNS	DNS	0	DNS	DNS	0	1

U15 GIRLS (14-15 Cat. N)	D.O.B.	Age as at 31/12/2024	22-10-23			29-10-23			05-11-23			19-11-23			02-12-23			14-01-24			28-01-24			04-02-24			FINAL POINTS		
			POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS			
			1 or 2 competitors QT = 00:44:00			1 or 2 competitors QT = 00:44:00			1 or 2 competitors QT = 00:44:00			1 or 2 competitors QT = 00:44:00			1 or 2 competitors QT = 00:44:00			1 or 2 competitors QT = 00:44:00			1 or 2 competitors QT = 00:44:00			1 or 2 competitors QT = 00:44:00					
RACHEL O'DONOGHUE	29-07-10	14	1	00:38:47	1	1	00:37:53	1	1	0:34:50	2	DNS	DNS	0	1	0:37:13	3	1	0:38:24	3	1	0:36:45	4	1	0:36:26	4	18		
OLIVIA BEAMISH	24-05-10	14	2	00:42:09	1	2	00:44:16	1	2	0:40:10	1	1	0:42:45	2	2	0:40:35	2	2	0:42:24	2	2	0:40:43	3	2	0:39:57	3	15		
BIANCA VAN DE LINDE	14-11-10	14	3	00:46:46	1	3	00:45:59	1	3	0:40:11	1	2	0:46:20	1	3	0:46:55	2	3	0:49:38	2	3	0:43:37	2	3	0:43:00	2	12		
JESSICA PSWARAYI	08-05-09	15	DNS	DNS	0	4	00:53:27	1	4	00:48:04	1	3	00:54:17	1	4	00:59:53	2	5	00:57:54	1	DNS		0	4	0:54:32	2	8		
JAMIE PRINGLE		15																								5	0:55:22	2	2
ANODIWA MUSHAMBA	04-09-09	15	4	01:15:52	1	DNS	DNS	0	6	1:01:16	1	4	1:13:42	1	5	1:20:32	2	DNS		0	5	1:13:01	2	6	1:07:23	1	8		
ASHLEY CHIFAMBA	01-08-09	15	DNS	DNS	0	DNS	DNS	0	DNS	DNS	0	5	1:25:41	1	DNS	DNS	0	DNS		0	DNS		0	DNS	DNS	0	1		
ERIN EASTWOOD	30-01-09	15	DNS	DNS	0	DNS	DNS	0	5	0:49:40	1	DNS	DNS	0	DNS	DNS	0	DNS		0	DNS		0	DNS	DNS	0	1		
IMLAH NYAMHUNGA	02-01-10	14	DNS	DNS	0	DNS	DNS	0	DNS	DNS	0	DNS	DNS	0	DNS	DNS	0	4	00:57:40	2	4	00:49:46	2	DNS	DNS	0	4		

2023-2024 SEASON - SELECTION POINTS FOR ELIGIBILITY FOR SA YOUTH CHAMPS

SELECTION EVENTS	EVENT DATE	POINTS	* U13 QUALIFYING TIMES		** U15 QUALIFYING TIMES			
			1st - 12th place		* only required if athlete does not achieve 10 points		** only required if there are only 1 or 2 competitors at Mt Pleasant events	
			Girls	Boys	Girls	Boys		
1. Mount Pleasant	22-Oct-23	1,1,1,1,1,1,1,1,1,1,1,1						
2. Mount Pleasant	29-Oct-23	1,1,1,1,1,1,1,1,1,1,1,1						
3. Springvale House	05-Nov-12	2,1,1,1,1,1,1,1,1,1,1,1						
4. Mount Pleasant	19-Nov-23	2,1,1,1,1,1,1,1,1,1,1,1						
5. Penhalonga * compulsory for U15	03-Dec-23	3,2,2,2,2,2,2,2,2,2,2,2			0:44:00	0:41:00		
6. Mount Pleasant	14-Jan-24	3,2,2,2,1,1,1,1,1,1,1,1	0:50:00	0:47:00	0:44:00	0:41:00		
7. Mount Pleasant	28-Jan-24	4,3,2,2,2,1,1,1,1,1,1,1	0:50:00	0:47:00	0:44:00	0:41:00		
8. Mount Pleasant	04-Feb-24	4,3,2,2,2,1,1,1,1,1,1,1	0:50:00	0:47:00	0:44:00	0:41:00		
ZIM NATIONAL CHAMPS	17-Feb-24	Troutbeck						
SA YOUTH CHAMPS * Africa Champs Qualifier U15	03-Mar-24	Maselspoort						

ELIGIBILITY CRITERIA & CONDITIONS FOR POINTS AT DESIGNATED SELECTION EVENTS FOR THE U13 and U15 AGE CATEGORIES

- Age Groups for the 2023/2024 season are determined by the age of athlete as at **31 DECEMBER 2024**
- An U13 athlete must be in **FORM 1** in the year of competition to be eligible to go on tour (athletes in Gr.7 in 2023 will be eligible for selection to tour in 2024)
- U13 ATHLETES - Eligibility is based on attaining a minimum of **10 points** acquired from a graded points for position based system in **8 designated selection events** throughout the 2023/2024 season or attaining the qualifying time at **one (1)** of the 2024 selection events *
- U15 ATHLETES - Eligibility is based on attaining a minimum of **10 points** acquired from a graded points for position based system in **8 designated selection events** throughout the 2023/2024 season.
- Where there are only **1 or 2** competitors in the **U15** category at Mount Pleasant events & Penhalonga event, to gain the respective position-based points in that event their finish time must be within the set qualifying time for their respective category **
- An athlete's results from all the designated selection events in which they participate will count

U15 ATHLETES - REFER TO PUBLISHED CRITERIA FOR AFRICA CHAMPS TEAM SELECTION

U13 BOYS (12-13) Cat. E	D.O.B.	Age as at 31/12/2024	22-10-23			29-10-23			05-11-23			19-11-23			02-12-23			14-01-24			28-01-24			04-02-24			FINAL POINTS
			POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	
DANIEL NICHOLSON	24-02-11	13	1	0:46:38	1	1	00:47:09	1	1	00:40:13	2	DNS	DNS	0	1	00:44:01	2	1	00:44:12	3	1	0:46:54	4	1	0:42:26	4	17
JOHN GODDARD	24-05-11	13	2	0:47:04	1	3	00:51:07	1	4	00:44:35	1	1	00:46:46	2	3	00:47:23	2	2	00:44:52	2	DNS		0	2	0:46:42	3	12
SETH CAMERON	26-09-11	13	3	0:47:22	1	2	00:49:09	1	2	0:43:21	1	2	00:48:44	1	2	00:45:57	2	4	01:00:26	2	DNS		0	3	0:49:08	2	10
WENYASHA MASHAVAVE	03-04-11	13	4	0:53:00	1	4	00:55:48	1	5	0:46:39	1	4	1:00:08	1	5	0:54:45	2			0	DNS		0	DNS		0	6
MATTHEW EASTWOOD	20-02-12	12	DNS	DNS	0	DNS	DNS	0	7	0:51:04	1	DNS	DNS	0		DNS	0			0	DNS		0	DNS		0	1
SAMUEL EASTWOOD	10-06-11	13	DNS	DNS	0	DNS	DNS	0	6	0:47:06	1	DNS	DNS	0		DNS	0			0	DNS		0	DNS		0	1
SEBASTIAN GODDARD	24-05-11	13	5	0:54:18	1	5	00:57:31	1	3	0:44:47	1	3	0:51:40	1	4	0:50:44	2	3	00:53:13	2	2	0:48:33	3	4	0:52:09	2	13

U15 BOYS (14-15) Cat. F)	D.O.B.	Age as at 31/12/2024	22-10-23			29-10-23			05-11-23			19-11-23			02-12-23			14-01-24			28-01-24			04-02-24			FINAL POINTS
			POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	
ZANDER BOTHA	04-02-10	14	1	00:39:41	1	1	00:40:57	1	1	0:35:10	2	1	0:41:23	2	1	0:38:11	3	1	0:38:48	3	DNF	puncture	0	1	0:38:29	4	16
TAANASHE MAKOSA	20-11-10	14	2	00:59:01	1	3	00:55:58	1	DNS	DNS	0	5	0:55:39	1	3	0:56:31	2	5	0:55:09	1	5	0:49:46	2	6	0:50:11	1	9
ADEN COLLETT	18-04-10	14	DNS	DNS	0	DNS	DNS	0	DNS	DNS	0	3	0:43:17	1	DNS	DNS	0	4	0:45:00	2	4	0:43:55	2	5	0:45:23	2	7
MATTHEW HILDEBRAND	16-02-10	14	DNS	DNS	0	2	00:44:17	1	3	0:38:20	1	4	0:45:46	1	2	0:40:36	2	3	0:43:46	2	3	0:42:28	2	3	0:40:18	2	11
ETHAN DONZVA	29-05-10	14	DNS	DNS	0	DNS	DNS	0	DNS	DNS	0	2	0:41:49	1	DNS	DNS	0				2	0:41:01	3	2	0:39:16	3	7
OWEN MAJOR	10-07-09	15	DNS	DNS	0	DNS	DNS	0	4	0:42:55	1	DNS	DNS	0	DNS	DNS	0				DNS		0	DNS		0	1
XANDER STEVENSON	31-12-09	15	DNF	PUNCTURED	1	DNS	DNS	0	2	0:37:37	1	DNS	DNS	0	DNS	DNS	0	2	0:39:34	2	1	0:38:19	4	4	0:42:48	2	10

2023-2024 SEASON - SELECTION POINTS FOR ELIGIBILITY FOR SA JUNIOR CHAMPS

SELECTION EVENTS	EVENT DATE	POINTS
		1st - 12th place
1. Mount Pleasant	22-Oct-23	1,1,1,1,1,1,1,1,1,1,1,1
2. Mount Pleasant	29-Oct-23	1,1,1,1,1,1,1,1,1,1,1,1
3. Springvale House	05-Nov-23	2,1,1,1,1,1,1,1,1,1,1,1
4. Mount Pleasant	19-Nov-23	2,1,1,1,1,1,1,1,1,1,1,1
5. Penhalonga * compulsory	03-Dec-23	3,3,3,2,2,2,2,2,2,2,2,2
6. Mount Pleasant	14-Jan-24	2,1,1,1,1,1,1,1,1,1,1,1
7. Mount Pleasant	28-Jan-24	2,1,1,1,1,1,1,1,1,1,1,1
8. Mount Pleasant	04-Feb-24	3,3,3,2,2,2,2,1,1,1,1,1
9. ZIM NATIONAL CHAMPS	17-Feb-24	4,3,3,2,2,2,2,1,1,1,1,1
10. Mount Pleasant	03-Mar-24	3,3,3,2,2,2,2,1,1,1,1,1
SA JUNIOR CHAMPS * Africa Champs qualifier U17/U19	07-Apr-24	Gqeberha
AFRICA CHAMPS	31 May - 1 June 24	EGYPT

ELIGIBILITY CRITERIA & CONDITIONS FOR POINTS AT DESIGNATED SELECTION EVENTS FOR THE U17/U19 AGE CATEGORY

- Age Groups for the 2023/2024 season are determined by the age of athlete as at **31 DECEMBER 2024**
- Eligibility is based on attaining a **MINIMUM** of **10** points available from **10** selection events.
- The **Penhalonga** event is a **compulsory event for selection** and carries weighted position-based points.
- Where there are only **1 or 2** competitors in the **U17 or U19** category, to gain the respective position-based points at Mount Pleasant events & Penhalonga event their finish time must be within the set qualifying time for their respective category as set out below.
- A 'Selectors' Discretionary Criteria' ****** allows for possible inclusion of borderline eligibility cases

QUALIFYING TIMES - required for small categories with only 1-2 competitors at Mt Pleasant events & Penhalonga event (not Troutbeck):

To gain the respective position based points their finish time must be within the set qualifying time for their respective category: **PLEASE ALSO REFER TO PUBLISHED CRITERIA FOR MORE DETAILS**

U17 GIRLS qualifying time: **01:23:00**

U19 GIRLS qualifying time: **01:21:00**

***Selectors' Discretionary Criteria for borderline athletes:**

- The selectors will **only** review the eligibility of athletes who finish on **9** points after the 10 selection events.
- If the athlete's finish time in the selection sprint event is within **30 sec** of the qualifying time for any of the selection events in 2023-2024 season then she may receive an extra **1** point

REFER TO PUBLISHED CRITERIA FOR AFRICA CHAMPS TEAM SELECTION

U17 GIRLS (16-17 Cat. P)	D.O.B.	Age as at 31/12/2024	22-10-23			29-10-23			05-11-23			19-11-23			02-12-23			14-01-24			28-01-24			04-02-24			POINTS
			1 or 2 competitors QT = 01:23:00			1 or 2 competitors QT = 01:23:00			1 or 2 competitors QT = 01:23:00			1 or 2 competitors QT = 01:23:00			1 or 2 competitors QT = 01:23:00			1 or 2 competitors QT = 01:23:00			1 or 2 competitors QT = 01:23:00						
			POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	
ANJE VAN AS	11-05-07	17	1	01:18:31	1	1	01:17:43	1	1	01:15:17	2	1	01:17:00	2	1	01:18:20	3	DNS			DNS		0	DNS		0	9
NICOLE MADYA	16-02-07	17	DNS	DNS	0	DNS	DNS	0	DNS	DNS	0	2	01:32:59	0	2	01:21:10	3	1	01:19:34	2	1	1:21:26	2	1	1:20:18	3	10

U19 GIRLS (18-19 Cat Q)	D.O.B.	Age as at 31/12/2024	22-10-23			29-10-23			05-11-23			19-11-23			02-12-23			15-01-23			05-02-23			15-01-23			POINTS			
			1 or 2 competitors QT = 01:21:00			1 or 2 competitors QT = 01:21:00			1 or 2 competitors QT = 01:21:00			1 or 2 competitors QT = 01:21:00			1 or 2 competitors QT = 01:21:00			1 or 2 competitors QT = 01:21:00			1 or 2 competitors QT = 01:21:00									
			POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS				
NKOSINOMUSA MTHETHWA	05-01-06	18	1	01:47:12	0	DNS	DNS	0	DNS	DNS	0	DNS	DNS	0	DNS	DNS	0	DNS	DNS	0	DNS	DNS	0	DNS	DNS	0	DNS		0	0

2023-2024 SEASON - SELECTION POINTS FOR ELIGIBILITY FOR SA JUNIOR CHAMPS

SELECTION EVENTS	EVENT DATE	POINTS
		1st - 12th place
1. Mount Pleasant	22-Oct-23	1,1,1,1,1,1,1,1,1,1,1,1
2. Mount Pleasant	29-Oct-23	1,1,1,1,1,1,1,1,1,1,1,1
3. Springvale House	05-Nov-23	2,1,1,1,1,1,1,1,1,1,1,1
4. Mount Pleasant	19-Nov-23	2,1,1,1,1,1,1,1,1,1,1,1
5. Penhalonga * compulsory	03-Dec-23	3,3,3,2,2,2,2,2,2,2,2,2
6. Mount Pleasant	14-Jan-24	2,1,1,1,1,1,1,1,1,1,1,1
7. Mount Pleasant	28-Jan-24	2,1,1,1,1,1,1,1,1,1,1,1
8. Mount Pleasant	04-Feb-24	3,3,3,2,2,2,2,1,1,1,1,1
9. ZIM NATIONAL CHAMPS	17-Feb-24	4,3,3,2,2,2,2,1,1,1,1,1
10. Mount Pleasant	03-Mar-24	3,3,3,2,2,2,2,1,1,1,1,1
SA JUNIOR CHAMPS * Africa Champs qualifier U17/U19	07-Apr-24	Gqeberha
AFRICA CHAMPS	31 May - 1 June 24	EGYPT

ELIGIBILITY CRITERIA & CONDITIONS FOR POINTS AT DESIGNATED SELECTION EVENTS FOR THE U17/U19 AGE CATEGORY

- Age Groups for the 2023/2024 season are determined by the age of athlete as at **31 DECEMBER 2024**
- Eligibility is based on attaining a **MINIMUM of 10 points** available from **10** selection events.
- The **Penhalonga** event is a **compulsory event for selection** and carries weighted position-based points.
- Where there are only **1 or 2** competitors in the **U17 or U19** category, to gain the respective position-based points at Mount Pleasant events & Penhalonga event their finish time must be within the set qualifying time for their respective category as set out below.
- A 'Selectors' Discretionary Criteria' ** allows for possible inclusion of borderline eligibility cases

QUALIFYING TIMES - required for small categories with only 1-2 competitors at Mt Pleasant events & Penhalonga event (Not Troutbeck):

To gain the respective position based points their finish time must be within the set qualifying time for their respective category: **PLEASE ALSO REFER TO PUBLISHED CRITERIA FOR MORE DETAILS**

U17 BOYS qualifying time: **01:16:00**

U19 BOYS qualifying time: **01:11:00**

*Selectors' Discretionary Criteria for borderline athletes:

- The selectors will **only** review the eligibility of athletes who finish on **9** points after the 10 selection events.
- If the athlete's finish time in the selection sprint event is within **30 sec** of the qualifying time for any of the selection events in 2023-2024 season then he may receive an extra **1** point

REFER TO PUBLISHED CRITERIA FOR AFRICA CHAMPS TEAM SELECTION

U17 BOYS (16-17 Cat G)	D.O.B.	Age as at 31/12/2024	22-10-23			29-10-23			05-11-23			19-11-23			02-12-23			14-01-24			28-01-24			04-02-24			POINTS
			1 or 2 competitors QT = 01:16:00									1 or 2 competitors QT = 01:16:00															
			POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	
ROHNAN NICHOLSON	28-12-08	16	1	1:05:43	1	1	01:05:35	1	1	1:05:19	2	DNS	DNS	0	1	1:06:42	3	1	1:06:07	3	1	1:04:48	2	1	1:04:57	3	15
CALLUM SMITH	08-10-08	16	2	1:11:09	1	2	01:08:19	1	2	1:07:10	1	1	1:09:04	2	2	1:09:32	3	2	1:07:51	2	2	1:11:59	1	2	1:08:57	3	14
STANLEY CHASAKARA	11-11-08	16	3	1:11:10	1	3	01:13:00	1	3	1:20:35	1	2	1:16:54	0	3	1:14:20	3	3	1:14:10	2	3	1:13:28	1	3	1:09:42	3	12

U19 BOYS (18-19 Cat H)	D.O.B.	Age as at 31/12/2024	22-10-23			29-10-23			05-11-23			19-11-23			02-12-23			15-01-23			08-01-23			05-02-23			POINTS
			1 or 2 competitors QT = 01:11:00									1 or 2 competitors QT = 01:11:00															
			POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	POS	TIME	PTS	
DUWAN BOTHA	14-08-06	18	DNS	DNS	0	1	01:14:33	0	1	1:08:18	2	1	1:11:23	0	2	1:17:39	0	1	1:11:22	0	DNS		0	DNS		0	2
MANDLENKOSI MTHETHWA	05-01-06	18	DNS	DNS	0	DNS	DNS	0	DNS	DNS	0	DNS	DNS	0	1	1:17:37	0	DNS		0	DNS		0	DNS		0	0
MATIPA MAWERE	27-03-06	18	DNS	DNS	0	2	01:17:06	0	DNS	DNS	0	DNS	DNS	0	DNS	DNS	0	DNS		0	DNS		0	DNS		0	0