

POS	First Name	Last Name	Nation	YOB	Start No.	Swim	T1	Bike	T2	Run	Time
1	Kadence	Ribbink	RSA	2006	12	00:11:05	00:01:01	00:46:25	00:00:56	00:21:12	01:20:42
2	Lomé	Gouws	RSA	2007	14	00:12:42	00:00:52	00:46:50	00:00:45	00:22:53	01:24:05
3	Mia	Van Der Veen	RSA	2005	16	00:13:30	00:00:47	00:47:32	00:00:46	00:22:23	01:25:00
4	Anje	Van As	ZIM	2007	15	00:11:09	00:01:01	00:49:03	00:00:46	00:29:01	01:31:01
5	Nicole	Madya	ZIM	2007	18	00:14:24	00:01:11	00:50:25	00:00:39	00:25:42	01:32:22
6	Yanelisa	Nomoyi	RSA	2007	17	00:12:54	00:01:11	01:03:12	00:00:45	00:31:35	01:49:39
7	Maira Leonor Gomes	Correia	MOZ	2006	19	00:15:08	00:00:30	01:09:14	00:00:49	00:29:35	01:55:18
DNF	Makanaka	Mawere	ZIM	2004	11	00:16:40	00:01:12	00:00:00	00:00:00	00:00:00	DNF
DNF	Inkosinomusa	Mthethwa	ZIM	2006	20	00:13:30	00:01:00	00:00:00	00:00:00	00:00:00	DNF