

POS	First Name	Last Name	Nation	YOB	Start No.	Swim	T1	Bike	T2	Run	Time
1	Nicholas	Horne	RSA	2008	1	00:11:40	00:00:42	00:36:27	00:00:36	00:18:20	01:07:47
2	Nathan	Foster	RSA	2007	7	00:10:32	00:00:45	00:40:30	00:00:39	00:19:25	01:11:54
3	Fourie	Steyn	NAM	2008	2	00:10:32	00:00:49	00:39:17	00:00:33	00:21:46	01:12:59
4	Ethan Robert	Brinkman	NAM	2006	5	00:12:10	00:00:42	00:41:28	00:00:48	00:19:04	01:14:14
5	Bongani	Tshabalala	RSA	2005	8	00:11:13	00:00:46	00:41:29	00:00:38	00:20:58	01:15:06
6	Rohnan	Nicholson	ZIM	2008	3	00:12:26	00:00:43	00:39:51	00:00:42	00:22:10	01:15:55
7	Callum	Smith	ZIM	2008	4	00:12:23	00:00:45	00:42:19	00:00:37	00:22:10	01:18:16
8	Stanely	Chasakara	ZIM	2008	6	00:12:18	00:00:59	00:48:53	00:00:46	00:21:00	01:23:58
9	Mandlenkosi	Mthethwa	ZIM	2006	9	00:15:10	00:00:58	00:50:52	00:00:40	00:23:50	01:31:31