

 Africa Triathlon Cup Troutbeck	<h2 style="text-align: center;">2026 BONAQUA AFRICA TRIATHLON CUP, AFRICA TRIATHLON JUNIOR CUP & MULTISPORT FESTIVAL</h2> <p style="text-align: center;">ZIMBABWE TRIATHLON NATIONAL CHAMPIONSHIPS, NON-CHAMPIONSHIP MULTISPORT EVENTS - AQUABIKE, AQUATHLON, CYCLE CRITERIUM, DUATHLON, i-GO CORPORATE TEAM TRIATHLON & DUATHLON CHALLENGES, MOUNTAIN BIKE, OFF-ROAD TRIATHLON, OPEN WATER SWIM, TRAIL RUN & AG TRIATHLON & YOUTH MINI TRIATHLON & YOUTH MINI DUATHLON</p>	
DAY	TIME	PRE AND POST EVENT SCHEDULE
TUESDAY 10TH MARCH	5.00PM	ONLINE ENTRIES CLOSE
THURSDAY 12TH MARCH		Visiting international athletes arrive RGM International, transfer to Troutbeck Resort
FRIDAY 13TH MARCH		COURSE FAMILIARISATION
	0900-0945	CYCLE COURSE FAMILIARISATION - ELITE, JUNIORS
	1000-1030	SWIM COURSE FAMILIARISATION - ELITE, JUNIORS
	1400-1430	SECOND SESSION SWIM COURSE FAMILIARISATION
		REGISTRATION & RACE PACK COLLECTION, BRIEFINGS
		ELITE/U23 ATHLETES
	1130-1230	REGISTRATION & RACE PACK COLLECTION
	1230	ATHLETES BRIEFING - CONFERENCE ROOM
	1300-1330	MEDIA CONFERENCE - CONFERENCE ROOM
		JUNIOR MEN & WOMEN
	1330-1400	REGISTRATION & RACE PACK COLLECTION
	1400	ATHLETES BRIEFING - CONFERENCE ROOM
	1430	MEDIA CONFERENCE-CONFERENCE ROOM
		ALL OTHER PARTICIPANTS
	1400 - 1600	DEADLINE FOR ENTRY FEE PAYMENTS
		RACE PACK COLLECTIONS - REPORT TO SPECIFIC DISCIPLINE DESK - ALL TRIATHLON / YOUTH MINI TRIATHLON & DUATHLON / AQUATHLON / DUATHLON / AQUABIKE / ALL CORPORATE TEAMS / OFF-ROAD / MTB / OPEN WATER SWIM / TRAIL RUN / CYCLE CRITERIUM
		*** ALL PARTICIPANTS WHO HAVE PAID ENTRY FEES BUT UNABLE TO ATTEND REGISTRATION & CHECK IN ON FRIDAY 13TH MARCH CAN COLLECT RACE PACKS AT CHECK IN ON RACE DAY FROM SPECIFIC DISCIPLINE CHECK-IN ZONES
	1600	ALL ENTRIES CLOSE
	1600	ZUMBA
	1615	RACE BRIEFINGS - ALL OTHER PARTICIPANTS
		CONFERENCE ROOM - ONLY FOR TRIATHLON, AQUABIKE & DUATHLON PARTICIPANTS - includes AG Standard, Sprint, Supersprint, Youth Supersprint, Corporate Team Challenge - all Teams - at least 1 team member must attend **
		IF YOU ARE UNABLE TO ATTEND THE BRIEFINGS - please notify the LOC - Race Briefing documents will be uploaded to the event page on the website. THE ONUS IS ON THE ATHLETE TO STUDY THE COURSE MAPS AND BRIEFING DOCUMENTS - IF YOU DO NOT UNDERSTAND ANYTHING PLEASE ASK FOR ASSISTANCE BEFORE YOUR RACE STARTS
		** FOR ALL EVENTS - COURSE MAPS WILL BE DISPLAYED AT THE VENUE, THEY ARE ALSO AVAILABLE TO VIEW ON WEBSITE https://www.zimtri.org/2026-course-maps/ STUDY THEM AND UNDERSTAND YOUR COURSE
		BRIEFINGS FOR FOR ALL OTHER EVENTS : YOUTH MINI, OFF-ROAD TRIATHLON, MTB, AQUATHLON, OPEN WATER SWIM, TRAIL RUN - Briefings will be done prior to the start of your race on Saturday morning.
	1800	TECHNICAL OFFICIALS & VOLUNTEERS BRIEFING
		COMPETITION DAY
	from 0615	REPORT TO CHECK-IN AT YOUR SPECIFIC TRANSITION ZONE AT THE CORRECT TIME. YOU WILL NOT BE PERMITTED TO CHECK IN TO TRANSITION EARLIER THAN YOUR ALLOCATED TIME SLOT. ENSURE THAT YOU WEAR YOUR ATHLETE WRIST BAND FOR ENTRY INTO TRANSITION - ONLY ATHLETES WILL BE PERMITTED ENTRY TO TRANSITION ZONES.
	1800	TECHNICAL OFFICIALS & VOLUNTEERS POST-EVENT BRIEFING
		DEPARTURES TO HARARE
	TBC	

