



NATIONAL COLOURS - TRIATHLON AND ALL SANCTIONED MULTI-SPORT DISCIPLINES

- **Youth Colours** - Awarded to an athlete who represents Zimbabwe in accordance with the following:
 1. The age limits for Youth National Colours will be 15-17 years (in accordance with World Triathlon Rules) (age as at 31st December in the year of participation)
 2. Have made one (1) participation and complete the race at an Africa Championships
 3. Must be selected by the National Selectors and approved further by the Executive Committee of Triathlon Zimbabwe
 4. The athlete must be in good standing with the Association, show good sportsmanship and is a good ambassador for the country

- **Junior Colours** - Awarded to an athlete who represents Zimbabwe in accordance with the following:
 1. The age limits for Junior National Colours will be 16-19 years (in accordance with the World Triathlon Rules)
 2. Must make one (1) participation and complete the race at a World Triathlon sanctioned International Championships or Games, (must be age 16 as at 31st December in the year of participation) - said events are: World Championships, Africa Games, Africa Youth Games, Youth Olympic Games, or
 3. Wins a medal in a Mixed Relay Team event and/or, if participating in an individual event at an Africa Championships, wins a medal or attains a finish time within 15% of the category winner's time
 4. Must be selected by the National Selectors and approved further by the Executive Committee of Triathlon Zimbabwe
 5. Must be in good standing with the Association, shows good sportsmanship and is a good ambassador for the country

- **Senior Colours** - Awarded to an athlete who represents Zimbabwe in accordance with the following:
 1. Must be over the age of eighteen (18) to receive Senior National Colours (in accordance with the World Triathlon Rules)
 2. Must make one (1) participation and complete the race at a World Triathlon sanctioned Elite Level International Championships or Games (must be age 18 as at 31st December in the year of participation). Said events are: World Triathlon Cups, World Triathlon Championships, Africa Games, Olympic Games
 3. Wins a medal in a Mixed Relay Team event and/or, if participating in an individual event at an Africa Championships, wins a medal or attains a finish time within 15% of the category winner's time
 4. Must be approved by the Executive Committee of Triathlon Zimbabwe
 5. Must be a paid up member, be in good standing with the Association, shows good sportsmanship and is a good ambassador for the country

- **Technical Officials and Coaches – Honorary Award made by Triathlon Zimbabwe (NOT NATIONAL COLOURS)** - Awarded to a Technical Official or Coach who officiates at World Triathlon sanctioned International Level events in accordance with the following:
 1. Must be over the age of eighteen (18)
 2. Must make one (1) participation at a World Triathlon sanctioned International Competition namely World Triathlon World Cup, World Championships, Africa Games, Olympic or Paralympic Games
 3. Must be in good standing with the Association and is a good ambassador for the Federation and for the country